

5TH SEPTEMBER 2021

M.E.S COLLEGE OF ARTS & COMMERCE ZUARINAGAR GOA

REPORT ON FIT INDIA RUN

NCC ARMY GIRLS UNIT

The NCC Army Girls Unit Run organized a FIT INDIA FREEDOM RUN 2.0 at College Premises on 4th September 2021 from 10 am to 11,30 am 19 cadets attended the Fit India Run.. the PI staff assisted the ANO to conduct the run. After some warm up exercises the cadets went for a run in the neighbourhood of the Vidynagar area. Cadets also obtained e certificates for participating in the run.



Lt. Mrs. Swati A. Shigaonker
ANO, NCC Army Girls Unit