

DIPLOMA COURSE IN COUNSELLING TECHNIQUES

Dates: 1st September 2020 to 3rd April 2021

Timings: 1.45 p.m. to 2.45 p.m. (2 or 3 times a week)

No. of Seats: 40

Duration: 120 hours (including internship)

Fees: Rs. 2000/- per student

Eligibility: Students of M.E.S. College from all programmes

Criterion of Selection: First Come First Serve

Course Objectives:

- To enhance their knowledge of human behaviour at different stages
- To recognize behavioural problems and examine strategies for positive behaviour management
- To relate counseling theories to cases in counseling
- To develop an ethical approach to counseling
- To learn the application of psychotherapies used in treating different behaviour problems

Resource Person: Psychiatrist, Qualified and Trained Psychologist and Professional Counsellors

Course Outcomes:

At the end of the course students will be able to:

- Acquire practical knowledge, skills and training of various counselling techniques essential in becoming skilled counselors.
- Gain an insight and correct their own behaviour
- Assist others to bring about a change in their behaviour and problems
- Empower them with essential skills for developing healthy relationships
- Get exposure through internships in Counselling Clinics, Special Schools and NGO's