

DEPARTMENT OF PSYCHOLOGY
COURSE OUTCOMES: B.A. PSYCHOLOGY

B.A. Semester I

DISCIPLINE SPECIFIC CORE (DSC) COURSE:

Fundamentals of Psychology

Course Code: PSC101

After completing the course, the student will be able to:

- CO 1: Understand what psychology is all about and appreciate the scope to the field of psychology.
- CO 2: Build critical perspectives, issues and debates pertaining to different schools of Psychology and understanding its difference from Psychiatry.
- CO 3: Develop a sensibility towards diversity in theoretical orientations in psychological discourse.
- CO 4: Acquire the basic knowledge about the structures of nervous system, human brain, their functions, impact on human behavior and its application to Psychology.
- CO 5: Develop familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, forgetting and personality, their application to principles of Psychology.

B.A. Semester I

DISCIPLINE SPECIFIC CORE (DSC) COURSE:

Psychology Practicum

Course Code: PSC101

After completing the course, the student will be able to:

- CO 1: Conduct psychological tests and experiments.
- CO 2: Analyze human behaviour in laboratory conditions.
- CO 3: Evaluate psychological tests results.
- CO 4: Understand the various scientific tools/methods that are used to conduct research in the laboratory.

B.A. Semester I GENERIC ELECTIVE (GE): Child Psychology Course Code: PSG 101

After completing the course, the student will be able to:

- CO 1: Acquire disciplinary knowledge of the field of child psychology.

CO 2: Acknowledge biological foundations and genetics from conception to birth.

CO 3: Understand how theories try to explain children's development

CO 4: Differentiate between biological, social and cognitive influences on development of children.

CO 5: Describe diverse common childhood disorders.

CO 6: Recognize the challenges faced by children with disabilities.

B.A. Semester II

DISCIPLINE SPECIFIC CORE (DSC) COURSE:

Fundamentals of Psychology

Course Code: PSC102

After completing the course, the students will be able to:

CO 1: Develop knowledge of major concepts, theoretical perspectives, empirical findings and historical trends in psychology.

CO 2: Understand and apply psychological principles to different areas of life.

CO 3: Identify the structure of the eye and its functioning.

CO 4: Analyse the biological motives of hunger and thirst.

CO5: Understand the different techniques of problem solving.

CO6: Describe the nature of personality.

B.A. Semester II

DISCIPLINE SPECIFIC CORE (DSC) COURSE:

Psychology Practicum

Course Code: PSC102

After completing the course, the students will be able to:

CO 1: Conduct psychological tests and experiments.

CO 2: Analyze human behaviour in laboratory conditions.

CO 3: Evaluate psychological tests results.

CO 4: Understand the various scientific tools/methods that are used to conduct research in the laboratory.

B.A. Semester II

GENERIC ELECTIVE (GE): Psychology of Adolescence

Course Code: PSG 102

After completing the course, the students will be able to:

CO 1: Acquire knowledge about the psychological changes and developments that take place during the adolescent years.

CO 2: Apply psychological principles to adolescents' lives.

CO 3: Recognize the challenges faced by adolescents.

CO 4: Develop an understanding of sexuality during adolescence.

B.A. Semester III DISCIPLINE SPECIFIC CORE (DSC) COURSE: Social Psychology-I

Course Code: PSC103

After completing the course, the students will be able to:

CO1: Understand the important concepts and changing trends in Social Psychology.

CO2: Analyze the tactics involved in impression management, errors in judgements models of persuasion and cognitive dissonance.

CO3: Describe the process of attitude formation.

CO4: Apply the principles of successful relationships to real life settings.

B.A. Semester III DISCIPLINE SPECIFIC CORE (DSC) COURSE:

Social Psychology-I Psychology Practicum

Course Code: PSC103

After completing the course the students will be able to:

CO 1: Understand the basic concepts and nature of experiments and tests in psychology.

CO 2: Recognize the need for a variety of psychological tests and experiments.

CO 3: Demonstrate appropriate skills essential in conducting experiments and administering psychological tests.

CO 4: Develop independent and critical habits of thought and learning.

CO 5: Learn how to plan, conduct, and analyze their results and how to communicate the results of their experiments to others.

B.A. Semester III GENERIC ELECTIVE (GE): Psychology of Gender and Identity

Course Code: PSG 103

After completing the course the students will be able to:

CO 1: Define the main concepts of gender and describe the various influences on gender identity.

CO 2: Appreciate gender differences across various dimensions.

CO 3: Be sensitized to gender issues.

CO 4: Deal with conflicting theories and approaches to gender differences, learn to withstand ambiguities and understand the limitations of the discipline.

**B.A. Semester III: SKILL ENHANCEMENT COURSE (SEC): Stress Management
Course Code: PSS 101**

After completing the course, the student will be able to:

CO 1: Understand the application of various theoretical principals of Stress Management.

CO 2: Develop insights about how to build authentic relationship with self and others and embark on a journey of personal growth.

CO 3: Acquire skills to practice mindfulness, meditation and contemplation to live a deeper and more engaged life.

CO 4: Develop the skills of reflexivity, self-reflection and experiencing responsibility for self and others.

CO 5: Demonstrate adequate knowledge about issues related to stress, stress management and coping in personal, social & professional life.

CO 6: Appreciate the value of practicing Yoga in daily life through research evidence and in-depth understanding of the promotion of health benefits of Yoga.

**B.A. Semester IV: DISCIPLINE SPECIFIC CORE (DSC) COURSE: Social Psychology-II
Course Code: PSC 104**

After completing the course, the student will be able to:

CO 1: Understand the basic concepts and changing trends in Social Psychology.

CO 2: Foster interest in Social Psychology as a field of study and research.

CO 3: Apply the basic concepts of Social Psychology in everyday life.

CO 4: Recognize the importance of prosocial behavior and factors which facilitate helping behaviour.

CO 5: Acquire knowledge of the powerful effects of conformity.

CO 6: Describe the different types of groups and group behavior.

B.A. Semester IV

DISCIPLINE SPECIFIC CORE (DSC) COURSE:

Social Psychology-IV Psychology Practicum

Course Code: PSC104

After completing the course the students will be able to:

CO 1: Understand the basic concepts and nature of experiments and tests in psychology.

CO 2: Recognize the need for a variety of psychological tests and experiments.

CO 3: Demonstrate appropriate skills essential in conducting experiments and administering psychological tests.

CO 4: Develop independent and critical habits of thought and learning.

CO 5: Plan, conduct, analyze their results and communicate the results of their experiments to others.

B.A. Semester IV: GENERIC ELECTIVE: Psychology and Media Course Code: PSG 104

After completing the course the students will be able to:

CO 1: Define the core concepts that explain the relationship between psychology and media.

CO 2: Identify different kinds of media effects.

CO 3: Explain the psychological processes underlying media effects.

CO 4: Evaluate the influence of media and technology on human behaviour.

B.A. Semester IV SKILL ENHANCEMENT COURSE: Psychology and Life Adjustment

Course Code: PSS 102

After completing the course, the student will be able to:

CO 1: Understand basic concepts and modern trends in Psychology of Adjustment.

CO 2: Apply principles of adjustment in every-day life.

CO 3: Develop skills required to adjust to life situations.

CO 4: Identify strengths required for Decision making and personal growth.

B.A. (General & Honours) Semester V DISCIPLINE SPECIFIC CORE (DSC) COURSE:

Understanding Psychological Disorders

Course Code: PSC 105

After completing the course, the student will be able to:

CO 1: Acquire knowledge of the clinical picture of various psychological disorders

CO 2: Understand the classification and types of psychological disorders (DSM 5).

CO 3: Use the case study approach to understand psychological disorders.

CO 4: Develop competencies for assessing the psychological functioning of individuals through techniques such as psychological assessment, observation and interviewing.

**B.A. (Honours) Semester V DISCIPLINE SPECIFIC CORE (DSC) COURSE:
Psychological Testing Course Code: PSC106**

After completing the course, the students will be able to:

CO 1: Understand the nature, uses, administration and technical features of psychological tests.

CO 2: Apply this knowledge and understanding to various contexts in which psychological assessment is applied.

CO 3: Analyse the use and importance of reliability and validity in psychological testing

CO 4: Understand the various stages of test development.

**B.A. (Honours) Semester V DISCIPLINE SPECIFIC CORE (DSC) COURSE:
Psychological Testing: Psychology Practicum Course Code: PSC 106**

After completing the course, the students will be able to:

CO 1: Administer psychological tests and analyze and interpret test scores.

CO 2: Use the psychological testing tools to assess the aptitude, intelligence and wellbeing in a laboratory setting.

**B.A. (Honours) Semester V DISCIPLINE SPECIFIC CORE (DSC) COURSE:
Positive Psychology Course Code: PSC 107**

After completing the course, the students will be able to:

CO 1: Demonstrate an understanding of the meaning and conceptual approaches to happiness and wellbeing.

CO 2: Appreciate different viewpoints of positive psychology.

- CO 3: Extend the knowledge of positive emotional states and processes to enhance well-being and resilience.
- CO 4: Apply the constructs of positive cognitive states and processes to making life worth living.
- CO 5: Engage in a proactive and thoughtful process of self-examination with regard to personal ideals, goals, and mechanisms of happiness
- CO 6: Ability to relate and connect concepts with personal experiences and using critical thinking.
- CO 7: Develop positive attributes such as forgiveness, gratitude, hope, resilience, optimism, self control and wisdom.

B.A. (General & Honours) Semester V

DISCIPLINE SPECIFIC ELECTIVE (DSE) COURSE: Statistics for Psychology

Course Code: PSD 101

After completing the course, the student will be able to:

- CO 1: Understand the application of Statistics in Psychological research.
- CO 2: Learn basic techniques of descriptive and inferential Statistics.
- CO 3: Develop skills to use quantitative techniques such as measures of central tendency, variability, graphical representation of data and correlation.
- CO 4: Know how to use the normal probability curve as a model in scientific theory.
- CO 5: Acquire knowledge in application of statistics in everyday life situation.

B.A. (General & Honours) Semester V

DISCIPLINE SPECIFIC ELECTIVE (DSE) COURSE: Health Psychology

Course Code: PSD 102

After completing the course, the students will be able to:

- CO 1: Analyze the relationship between psychological factors and physical health & wellbeing.
- CO2: Evaluate health concepts for better health management.
- CO 3: Apply psychosocial interventions for treatment and prevention of illness.
- CO 4: Understand the causes for various chronic illnesses and prevention for the same.

CO 5: Demonstrate knowledge and competence in research design and methodology.

**B.A. (Honours) Semester VI DISCIPLINE SPECIFIC CORE (DSC) COURSE:
Psychological Research: Practicum** **Course Code: PSC 109**

After completing the course, the student will be able to:

CO 1: Demonstrate knowledge and competence in research design and methodology.

CO 2: Apply the psychological research principles in the field and laboratory settings.

**B.A. Semester VI DISCIPLINE SPECIFIC CORE (DSC) COURSE:
Counseling Psychology** **Course Code: PSC 110**

After completing the course, the students will be able to:

CO 1: Demonstrate knowledge of concepts and process of counselling.

CO 2: Identify the different techniques used in counseling.

CO 3: Appreciate the trends in the field counseling psychology.

CO 4: Apply knowledge of the counseling practice to improve the quality of life.

**B.A. (General & Honours) Semester VI DISCIPLINE SPECIFIC ELECTIVE COURSE
(DSE): Developmental Psychology** **Course Code: PSD 105**

After completing the course, the student will be able to:

CO 1: Understand the basic concepts, principles, perspectives and modern trends in
Developmental Psychology.

CO 2: Apply concept and theories of Developmental Psychology in daily life.

CO 3: Identify the physical development from infancy to late adulthood.

CO 4: Elucidate the cognitive, emotional and social development.

**B.A. (General & Honours) Semester VI
DISCIPLINE SPECIFIC ELECTIVE (DSE) COURSE: Treatment of Psychological
Disorders** **Course Code: PSD 106**

After completing the course, the student will be able to:

CO 1: Understand different approaches to treatment of psychological Disorders.

