Department of Sociology of M.E.S College Zuarinagar organised

'Socio-Creations' – 2022

- The Department of Sociology under the **Sociology Study Circle organised Socio-Creations on 07 October, 2022** at M. S. Kamat Seminar Hall of M. E. S
 College of Arts and Commerce, Zuarinagar. The inaugural programme commenced with an invocation song by a group of students.
- In her presidential address Principal Dr. Manasvi M. Kamat welcomed the gathering and congratulated the Department of Sociology for taking the initiative for organizing activities under the Sociology Study Circle. She expressed her joy at the student's enthusiasm and participation which gives them an opportunity to express their creativity. She concluded by saying "turning your hobby into a career can be a rewarding experience".
- Dr. Sonal Thakker, Head, Department of Sociology, introduced the theme 'Socio-Creations' an event to showcase the talents of our students and provide a platform for exhibiting their art & craft. She further remarked, "the modern world is an era of technology and most of us are addicted to gadgets, and it has affected our social relationships and leisure time".
- This event is organised to remind all of us to take a pause we all are born with some talent which is obscured with this technological revolution.
- She asked the audience "How many of us have held a paint brush or sketching pencils, knitting needles or calligraphy pens? When did we last use our hands for clay modelling?"
- Dr. Thakker asserted that it's proved scientifically that pursuing one's hobbies is a great stress buster and mood elevator and in fact during the pandemic, it was these hobbies that kept people afloat in the uncertain times. Even if one is working, having hobbies can be enriching and in this fast-paced life getting immersed in art& craft can combat anxiety to a great extent.

- After graduation students are faced with a huge challenge what should I do next? Should I look for a job? Study further? Self-employed? With this background, is born the idea to hold this event "Socio-Creations"
- The students were impressed upon the idea that it would be wonderful if we find joy in our work, and many have literally converted their passion/hobbies into a lucrative profession.
- She pointed out that "Profitable hobbies certainly exist, and it's possible to turn them into something more than just a side-project". Dr. Thakker gave some tips to the students on 'How to turn your hobby into a career? She advised Start small, make connections, do market research, plan, and get your finances organised. She further added, "We can become self-sufficient & independent if we hone our art and craft to perfection'.
- Assistant Professor, Ms. Gulshan Mullah, event co-ordinator expressed her joy at the enthusiastic student's participation. This event 'Socio-Creations' received eighty plus entries such as painting, sketching, calligraphy, rangoli, lampshades, crochet, bag making, decorative items etc. Also, there were on stage events such as solo singing, dancing, push-ups (fitness), poetry recitation and so forth.
- Assistant. Prof. Jessy Coutinho read the report of the Department for the last two
 academic years, followed by Certificate Distribution at the hands of Dr.
 Meenakshi Bawa (of events conducted during the pandemic). Dr. Bawa
 congratulated the Department of Sociology as being on the forefront of
 conducting innovative activities.
- Dr. Sonal Thakker expressed her gratitude to the Principal, Vice Principal, department colleagues and especially to the students for the tremendous zeal and response to this event 'Socio-Creations' organised for the first time by the Department of Sociology. The event was compered by Ms. Sifa Mujawar.
- The event concluded with a vote of thanks proposed by Assistant Professor Ms. Heena Shabali.



Jubilant participants of 'Socio-Creations' along with the faculty of Dept. of Sociology



 $\begin{tabular}{ll} \textbf{Dr. Manasvi M. Kamat - Principal, Dr. Sonal Thakker, HOD - Sociology along with faculty \& students \end{tabular}$



Dr. Manasvi M. Kamat - Principal, Dr. Sonal Thakker, HOD -Sociology along with student Ms. Kavita Dukhni



Dr. Meenakshi Bawa, Dr. Sonal Thakker, HOD -Sociology along with faculty & students



