



MURGAON EDUCATION SOCIETY'S COLLEGE OF ARTS & COMMERCE

Zuarinagar, Goa – 403726

Affiliated to Goa University Accredited by NAAC with B+ Grade (4th cycle)

ACADEMIC YEAR 2022 – 2023

REPORT OF THE ACTIVITY: Online Webinar on –*Menstrual Health and Hygiene*

- Committee: Health Centre
- Date: 26th August 2022 Time: 4:00 p.m. to 5:00 p.m.
- Speaker for the Session: Ms. Roshnee Bhowmick (CSR Executive)
- Audience: Students of M.E.S. College of Arts and Commerce
- No. of participants: 42

Report in brief: The Health Centre of M.E.S. College of Arts and Commerce, Zuarinagar organized an Online Webinar on the topic – *Menstrual Health and Hygiene* for the students on 26/8/2022 from 4.00 p.m. to 5.00 p.m. The program was organised in association with GlobalHuntFoundation. A total of 42 students of M.E.S. College of Arts & Commerce, participated in the program. The objective of the programme was to introduce students to a comprehensive understanding on the what, why, and how of menstruation. The resource person was Ms. RoshneeBhowmick (CSR Executive) working with Unicharm India since 2018. She has been responsible for all CSR activities in West Bengal and actively campaigning for Menstrual Health and Hygiene management in West Bengal mainly in educational institutions, non-profit organizations and in the community. The session comprised of explaining to students the meaning of menstruation, its biological understanding, discussion on related social taboos and awareness on hygiene practices to be maintained during menstruation. Ms. Maria Fatima D'Costa, Chairperson of the Health Centre of the College, welcomed the gathering, followed by an introduction of the resource person. Ms. Vedanti, an FYBA student delivered the vote of thanks. Ms.SafalNagvenkar, faculty of the Dept. of Commerce was also present on the occasion.

- Remarks of the Coordinator: The webinar was successfully organised and received a good response from the students. Theyactively participated in the program and were able to clarify their doubts. Many students discussed their health concerns and myths associated with menstruation. The resource person, Ms. Roshnee Bhowmick, delivered an interesting and informative presentation.



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HEALTH CENTRE

IN COLLABORATION WITH

GLOBAL HUNT FOUNDATION

Organises

Online Webinar on the Topic - Menstrual Health and Hygiene

Date : 26/8/22

Time: 4.00pm - 5.00pm

Registration Link:

<https://forms.gle/cbAGQxjidvrFfzxMA>

SPEAKER



**MS ROSHNEE
BHOWMICK**

CSR Executive

Ms. Maria Fatima D' Costa
Chairperson - Health Centre

Dr. Manasvi M. Kamat
Principal



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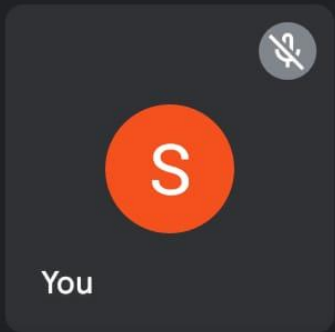
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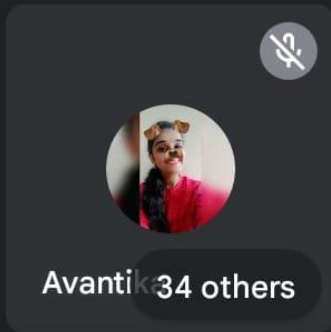


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