



## **MURGAON EDUCATION SOCIETY'S COLLEGE OF ARTS & COMMERCE**

Zuarinagar, Goa – 403726

Affiliated to Goa University Accredited by NAAC with B+ Grade (4<sup>th</sup> cycle)

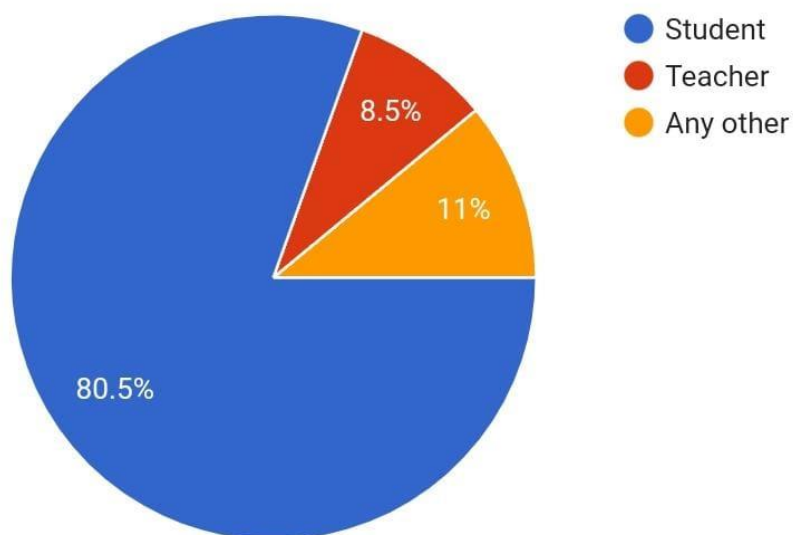
**ACADEMIC YEAR 2021 – 2022**

### **REPORT OF THE ACTIVITY: E-Quiz on Nutrition Eat Well to Live Well**

- Department of: Counselling Cell.
- Date: 29<sup>th</sup> January 2022 Time: 9:00am to 1:00pm
- Platform : Google Form Quiz Link:  
<https://forms.gle/2SRZHfbguyVFvuT26>
- Speaker for the Session: College Counselor
- Audience: Students and staff of M.E.S College
- No. of participants: 82
- Report in brief: The Quiz had 20 questions all related to nutrition and healthy ways to eat well and live well. A total number of 82 participated in the quiz, from which 66 were students, 7 were teachers and 9 others. Participants who scored above 75% i.e. 15 answers correct, were awarded with E-certificate through email. A total of 36 Participant received e -certificate.
- Remarks of the Coordinator: There should be more students and teachers participating in the activities conducted.

## Participant

82 responses



### List of Participants for the E- Quiz on Nutrition Eat Well To Live Well on 29th January 2022

Timestamp	Email Address	Score	Full Name	Participant
1-29-2022 9:01:34	shetye_anupa@rediffmail.com	9 / 20	Anupa B Todkar	Any other
1-29-2022 9:17:05	racheal8@gmail.com	17 / 20	Racheal Chacko	Teacher
1-29-2022 9:20:37	gunajikeluskar906@gmail.com	16 / 20	Gunaji Prakash Keluskar	Student
1-29-2022 9:30:06	saviomessi25@yahoo.com	12 / 20	Dr. Savio Fernandes	Teacher
1-29-2022 9:33:07	madhurismarathe02@gmail.com	15 / 20	Madhuri Marathe	Teacher
1-29-2022 9:33:36	dmellomichelle@mescollege.org	15 / 20	Michelle D'Mello	Teacher
1-29-2022 9:35:51	saakshikajale70@gmail.com	12 / 20	Saakshi kajale	Student
1-29-2022 9:40:46	mishu1277y@gmail.com	18 / 20	Misbah Yadusabanvar	Student
1-29-2022 9:45:00	meglanafernandes02@gmail.com	14 / 20	Meglana Fernandes	Student
1-29-2022 10:00:58	reshamgautam09@gmail.com	12 / 20	Resham Vinod Gautam	Student

1-29-2022 10:00:59	mp997373@gmail.com	15 / 20	Mohini Manohar Patil	Student
1-29-2022 10:03:30	mamtakavlekar224@gmail.com	12 / 20	Mamta Kavlekar	Teacher
1-29-2022 10:07:53	sonamyadav7058@gmail.com	11 / 20	Sonam Yadav	Student
1-29-2022 10:08:02	hemakamat168@gmail.com	12 / 20	Hema Mukund Kamat	Student
1-29-2022 10:12:10	saviamendes@gmail.com	11 / 20	Savia Mendes	Teacher
1-29-2022 10:15:18	frenzio123@gmail.com	15 / 20	Frenzio Valentino Roch Fernandes	Student
1-29-2022 10:16:41	mewilliafernandes@gmail.com	12 / 20	Mewillia Fernandes	Student
1-29-2022 10:19:50	messybcom2022@gmail.com	11 / 20	Tanisha Kashyap	Student
1-29-2022 10:21:48	pillairoshni8@gmail.com	13 / 20	Roshni Pillai	Student
1-29-2022 10:25:56	smitasan20@gmail.com	10 / 20	Smita pednekar	Any other
1-29-2022 10:26:50	sumanchavan517@gmail.com	15 / 20	Suman chawan	Student
1-29-2022 10:28:37	saraswatitallikeri@gmail.com	17 / 20	Saraswati Tallikeri	Student
1-29-2022 10:28:57	neelammam182002@gmail.com	13 / 20	Neelamma Madar	Student
1-29-2022 10:29:46	shabbirbagawan97@gmail.com	16 / 20	SHABBIR AHMED BAGAWAN	Student
1-29-2022 10:30:03	shiva18nov@gmail.com	12 / 20	Shivanand Naik	Any other
1-29-2022 10:35:42	muzawarreyaz19@gmail.com	12 / 20	REYAZ ISMAIL MUZAWAR	Student
1-29-2022 10:37:15	kamakshi.7march@gmail.com	16 / 20	Kamakshi vithalkar	Student
1-29-2022 10:42:54	amrishakudalkar@gmail.com	15 / 20	Amrisha Kudalkar	Student
1-29-2022 10:43:43	smorajkar2604@gmail.com	10 / 20	Sarvada Laxman Morajkar	Student
1-29-2022 10:45:54	naiktejasvi199@gmail.com	15 / 20	Tejasvi Naik	Student
1-29-2022 10:51:01	pghanchi886@gmail.com	15 / 20	Pinky	Student
1-29-2022 10:51:42	ranjanarkmourya145@gmail.com	17 / 20	Ranjana Mourya	Student
1-29-2022 10:53:23	Gajendra.Usgaonkar@gmail.com	10 / 20	Gajendra usgaonkar	Any other
1-29-2022 10:53:40	freeda_cota@rediffmail.com	15 / 20	Dr.Freda Cota Pereira	Teacher
1-29-2022 10:54:56	hayafazal123@gmail.com	13 / 20	Huzaiifa Shaikh	Student
1-29-2022	jyotisiyamishra@gmail.com	14 /	Jyoti Mishra	Student

10:55:46	m	20		
1-29-2022 10:55:46	anirudhveng@gmail.com	15 / 20	Anirudh Anand Vengurleker	Student
1-29-2022 10:56:03	manjunathkuri393@gmail.com	18 / 20	Manjunath .M. Kuri	Student
1-29-2022 10:56:05	meghagavada3@gamil.com	13 / 20	Megha Gavada	Student
1-29-2022 10:57:06	unnibaisavitri25@gmail.com	15 / 20	Savitri Unnibai	Student
1-29-2022 10:58:21	pereiralynette94@gmail.com	12 / 20	Lynette Delilah Pereira	Student
1-29-2022 10:59:34	shabinabadi3@gmail.com	14 / 20	Shabina Ravindran	Any other
1-29-2022 11:01:33	alishadsouza.phone@gmail.com	15 / 20	Alisha D'souza	Student
1-29-2022 11:01:57	gousbit@gmail.com	12 / 20	Gousbi Sameer Tashildar	Student
1-29-2022 11:03:08	nikitagawade052002@gmail.com	15 / 20	Nikita Gawade	Student
1-29-2022 11:11:29	manteshwadiyar@gmail.com	11 / 20	Mantesh wadiyar	Student
1-29-2022 11:12:49	archanakalgutkar1@gmail.com	14 / 20	Sailee Vinayak Kalgutkar	Student
1-29-2022 11:13:39	martins.joana1110@gmail.com	14 / 20	Joana	Student
1-29-2022 11:14:49	devdatt145@gmail.com	10 / 20	Devdatt naik	Student
1-29-2022 11:15:28	khushbumali202002@gmail.com	10 / 20	Khushbu. Gulab. Mali	Student
1-29-2022 11:18:53	sahilpagi1110@gmail.com	16 / 20	Sahil Shrikant Pagi	Student
1-29-2022 11:24:32	sanketakudalkar@yahoo.com	20 / 20	Sanketa R. Kudalkar	Any other
1-29-2022 11:26:38	muskaanaladgiri0220@gmail.com	14 / 20	Muskaan Aladgiri	Student
1-29-2022 11:27:38	neetubind0814@gmail.com	15 / 20	Neetu Bind	Student
1-29-2022 11:28:11	yashpalienkar@gmail.com	15 / 20	Yash Palienkar	Student
1-29-2022 11:29:52	dholyedhanisha@gmail.com	16 / 20	Dhanisha Dholye	Student
1-29-2022 11:30:21	nidhipednekar03@gmail.com	11 / 20	Nidhi Pednekar	Student
1-29-2022 11:32:54	juvelladacosta5@gmail.com	16 / 20	Juvella Jessica Da Costa	Student
1-29-2022 11:33:19	valushamesquita0908@gmail.com	13 / 20	Valusha Socorina Mesquita	Student
1-29-2022 11:33:24	vishakhapassi4@gmail.com	15 / 20	VISHAKHA DINESH PASSI	Student
1-29-2022 11:36:01	mihikapai454@gmail.com	15 / 20	Mihika Pai	Student

1-29-2022 11:39:03	namratapandey244@gmail.com	12 / 20	Namrata Pandey	Student
1-29-2022 11:51:38	sanskaarkambli21@gmail.com	15 / 20	Sanskaar kambli	Student
1-29-2022 11:52:53	nanditanagekar00@gmail.com	8 / 20	Nandita Nagekar	Student
1-29-2022 11:53:31	biradarmahalaxmi697@gmail.com	8 / 20	Mahalaxmi biradar	Student
1-29-2022 11:54:13	saminazkhan1701@gmail.com	12 / 20	Saminaz hasan khan	Student
1-29-2022 11:55:59	dipikanirgun153@gmail.com	14 / 20	Dipika	Student
1-29-2022 11:57:34	nirmalalamani945@gmail.com	20 / 20	Nirmala Ramesh Lamani	Student
1-29-2022 12:03:49	anitadasarp30@gmail.com	10 / 20	Anita Dasarpasan	Student
1-29-2022 12:04:07	ssl131020@gmail.com	11 / 20	Sunita lamani	Student
1-29-2022 12:15:50	rahinaik18@gmail.com	16 / 20	Rahi Ramesh Naik	Student
1-29-2022 12:17:37	rukmanikumari815@gmail.com	20 / 20	Rukmani Kumari	Student
1-29-2022 12:19:30	reveaanaestibeiro@gmail.com	12 / 20	Revea Ana Estibeiro	Student
1-29-2022 12:25:41	savitabind439@gmail.com	13 / 20	Savita Kumari bind	Student
1-29-2022 12:26:48	sudhirkerkar7868@gmail.com	17 / 20	Sudhir kerkar	Any other
1-29-2022 12:32:25	vaibhavigirap0206@gmail.com	13 / 20	Vaibhavi girap	Student
1-29-2022 12:33:43	manushalamani@gmail.com	15 / 20	Manusha lamani	Student
1-29-2022 12:40:51	taiseenk3@gmail.com	13 / 20	Taiseen firoz khan	Student
1-29-2022 12:43:00	lancebraz79@gmail.com	16 / 20	Lance braganca	Any other
1-29-2022 12:44:22	safiyawalikar@gmail.com	13 / 20	Safiya Walikar	Student
1-29-2022 12:45:22	willymelba@gmail.com	11 / 20	Fernandes William	Any other
1-29-2022 12:51:55	prajyotnaik685@gmail.com	12 / 20	Prajyot Prashant Naik	Student

Dr. Manasvi Kamat  
Principal

Ms. Ankita Vengurleker  
Coordinator

Ms. Swiszel Fernandes  
Convenor