MURGAON EDUCATION SOCIETY'S COLLEGE OF ARTS & COMMERCE ZUARINAGAR-GOA

(ESTABLISHED-1972) AFFILIATED TO GOA UNIVERSITY

ACCREDITED BY NATIONAL ASSESSMENT & ACCREDITATION COUNCIL (NAAC) WITH 'B+' GRADE (4TH CYCLE)

PRINCIPAL'S REPORT
2020-21

M.E.S. College of Arts and Commerce, Zuarinagar, Goa has been accredited by NAAC with CGPA of 2.68 on four point scale at B+ grade in February 2021.

MES College has ranked 80th among Arts Colleges, 136th among Commerce Colleges, 141st among BCA colleges and 160th among BBA colleges in India by India Today MDRA Survey 2020-21. This is the first time that we have been ranked for all four UG programmes. We are pleased to inform you that MES College of Arts and Commerce has been ranked 34th at the all-India level and 6th at the State level among the non-autonomous colleges for 2021 by the Education World EW India Higher Education Rankings 2021-22

M.E.S. College of Arts and Commerce, Zuarinagar gets the prestigious 'MISSION CLEAN GOA AWARD 2021' in recognition of services in Waste Management. This award is constituted by Dr. Asha V. Sawardekar through the Sanjeevan Society for Youth Development in revered memory of "Kirti Chakra Awardee Wing Commander Late Vishwanth B. Sawardekar. The college won the award under the Institution category. This award is to felicitate and appreciate Individuals/NGO/Educational institutions/Panchayats/Municipalities that are successfully carrying out effective waste management in the State of Goa.

I.STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-21

Program Name	Semester	Number of	Total number of
		Students enrolled	students enrolled
B.A (English, Sociology,	I & II	160	445
Economics, Konkani, Psychology, Political Science, Tourism & Travel)	III & IV	136	
	V & VI	149	
B.COM.	I & II	261	814
	III & IV	274	
	V & VI	279	
B.C.A.	F.Y.B.C.A	65	143
	S.Y.B.C.A	42	
	T.Y.B.C.A	36	
B.B.A.	F.Y.B.B.A	44	121
	S.Y.B.B.A	33	

	T.Y.B.B.A	44	
B.B.A. (SHIPPING &	F.Y.B.B.A(S&L)	10	40
LOGISTICS)	S.Y.B.B.A(S&L)	14	
	T.Y.B.B.A(S&L)	16	
M.COM.	Part I	12	42
	Part II	30	
PH.D (DEPT.OF			01
SOCIOLOGY)			
TOTAL			1606

II. RESULTS FOR THE YEAR 2019-20

CLASS	NO. OF	NO. OF	PERCENTAGE
	STUDENTS	STUDENTS	
	APPEARED	PASSED	
B.A.	94	94	100%
B.COM.	194	190	97.93%
B.C.A.	43	43	100%
B.B.A.	44	43	97.72%
B.B.A. (SHIPPING &	29	24	82.75%
LOGISTICS)			
M.COM.	30	30	100%

III. ACTIVITIES OF THE ASSOCIATIONS

A. COLLEGE COUNCIL

On account of the pandemic, no elections to the College Council were held for the academic year 2020-21.

The virtual farewell programme for students of B.A and B.Com semester VI was held through Google meet platform on Saturday, 14 August 2021 at 11:00 a.m.

The farewell programme was not held in the off-line mode due to the on-going global pandemic. The Google meet links were created and mailed to all the students concerned.

123 students participated in this programme. Dr. Meenakshi Bawa, Principal, welcomed the students and asked the students to choose their career wisely. She further advised the students to take up the challenges of life positively as humanlife is too short to fill it up with negative thoughts.

Shri. Sanjiv K. Shirodkar, Chairperson, College Council in his message said that the ongoing global pandemic although hampered the activities in physical format, could not hamper the online teaching-learning process. He appreciated the students for their commitment, support and cooperation in this regard.

Teaching faculty from B.A. as well as B.Com namely Dr. R B. Patil, Dr. Sandhya Bhandare, Dr. Champa R. Parab, Dr. Sanchiliana Faria, Ms. Rochana V. Kharangate, Dr. Cosma Fernandes, Dr. Savia Mendes and Ms. Shivani S. Shirodkar addressed the outgoing students and wished them all the best in their future endeavour.











The virtual farewell programme was compered by Ms. Sibel Almeida and Shri. Selton Gomes proposed the vote of thanks.

B. DEBATING ASSOCIATION

The faculty members of the Debating Association conducted Debate Club meetings as part of our monthly Club meeting schedule.

The following activities were conducted via Google Meet at the Debate Club meetings:

- 1) The Club organized a **Group Discussion** on 'The Covid-19 Pandemic A Boon or a Bane' for its members on 16th January 2021. Twenty five students participated in the meeting.
- 2) A **Story Creation session** was organized on 13th February 2021, where students were given random—words which they had to use to narrate a story. They were also shown pictures of emotions and objects and they had to describe the picture, connect it with an object and create a story.
- 3) A session on **Persuasive Speaking Skills** was organized by Ms. Michelle D'Mello (Faculty Member, Debating Association) for the students on 19th April 2021, where she highlighted on the concepts of Ethos, Pathos and Logos in communication. Students were

then given situations in pairs, where they had to incorporate their persuasive skills in their speeches.

Students Participation in Competitions:

1) Ms. Shanelly Mergulhao and Mr. Lowell Fernandes secured the 3rd place in the Intercollegiate Essay and PowerPoint Presentation Competition on "Gandhiji – The Mahatma" organized by Damodar College, Margao-Goa on 16th February 2021.

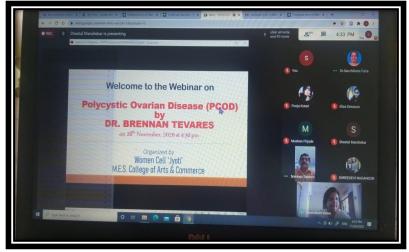
C. WOMEN'S CELL "JYOTI"

The Women's Cell, namely; "**Jyoti**" of M.E.S. College of Arts and Commerce had organized several online and offline activities for the girl student's, for their skill and personality development for the Academic Year 2020-2021.

The following activities were organized by the Women's Cell for the academic year 2020-2021:

1. Webinar on Polycystic Ovarian Disease (PCOD) on 28th November 2020

The Women Cell "Jyoti" of M.E.S. College of Arts & Commerce, Zuarinagar, organized a Webinar titled, "Polycystic Ovarian Disease (PCOD)" for the girl students of M.E.S. College B.A/B.Com/B.B.A/B.C.A and M.Com on 28th November 2020. The Webinar was streamed via Google Meet and You Tube. The resource person was eminent Dr. Brennan Tavares who presently works as Obstetrics & Gynaecologist in Apollo Victor Hospital, Margao – Goa. He also runs his own clinic, Margao – Goa.



Officiating Principal Dr. Meenakshi Bawa delivering the welcome address and Dr. Sancheliana Faria, Chairperson of Women Cell 'Jyoti' introduced the esteemed resource person, Dr. Brennan Tavares.

The Webinar was attended by a total of **108** girl students and teachers of the Women's cell. Asst Prof. Sheetal Mandrekar hosted the session, Officiating Principal Dr. Meenakshi Bawa delivered the welcome address, Dr. Sancheliana Faria introduced the honourable resource person Dr. Brennan Tavares, Asst. Prof. Sibel Almeida pleasantly handled the question answer session and proposed the vote of thanks. Asst. Prof Shubada Parab efficiently managed the feedback forms and certification process.

The webinar commenced at 4.15 p.m and ended by 6.30p.m. According to the student's feedback, the webinar was found to be very enlightening and informative. The resource person was apt at delivering the session and made the concepts very clear and comprehendible. Students were very inquisitive to know more and actively participated in the question answer session. It was indeed a very interactive session. Students who attended and participated in the webinar were awarded e-certificates.



Doctor Brennan Tavares delivering the session on PCOD

Dr. Meenakshi Bawa, Officiating Principal, Dr. Sancheliana Faria, Chairperson of Women Cell 'Jyoti', Asst. Prof. Ms. Sweta Matonkar, Coordinator of the Webinar & members of the Women cell committee Asst. Prof. Ms. Safal Narvekar, Asst. Prof. Ms. Sheetal Mandrekar, Asst. Prof. Ms. Sibel Almeida and Asst. Prof. Ms. Shubhada D. Parab actively contributed towards the progress of the webinar.

2. Christmas Candle Decoration Competition and Christmas Wreath Making Competition on 22nd December, 2020

The Women's cell, "Jyoti" of M.E.S. College of Arts and Commerce organized two competitions, on the eve of Christmas namely; 'Christmas Candle Decoration/Designing' Competition and 'Christmas Wreath Making' Competition for the girl students of BA/B.Com/BBA/BCA/M.Com on 22nd December, 2020. The participants were requested to follow all the rules of the competition and make a video of the decorated Christmas Candle or the Christmas Wreath and email it to womencelljyoti@gmail.com.

In total, seven student participants had registered for the 'Christmas Candle Decoration' competition and eight participants had registered for the 'Christmas Wreath Making competition'. The competition was judged on the basis of Creativity, Neatness, Presentation, Use of Colours, Materials and Overall Presentation.

The following are the details of prize winners for the competitions:

Christmas Candle Decoration Competition					
Sr.	Name of the student	Roll No.	Class	Place Secured	
No.					
1.	Ms. Samreen Shaikh	C19152	SY.B.Com Div 'B'	First	
Christmas Wreath Making Competition					
Sr.	Name of the student	Roll No.	Class	Place Secured	
No.					
1.	Gauravi Parab	C20011	F.Y B.Com	First	
2.	Haneen N. Khan	C18506	Ty B.Com B	Second	

All the participants were given online participation certificates and the winners were awarded prizes as well as certificates.

3. Face Mask Designing'

The Women Cell 'Jyoti' of M.E.S. College of Arts & Commerce, Zuarinagar organized a online competition titled 'Face Mask Designing' for the girl students of B.A/B.COM/B.B.A/B.CA & M.Com of our college on 23rd December 2020. In an all 16 girls students enthusiastically participated from different streams of the college. The competition was judged based on innovation, creativity and originality.

The following students were declared as the winners:

Sr.no	Name of the students	Roll.Nos	Class	Place secured
1.	Ms. Sanna Metr	A19022	B.A SEM III (Div A)	First
2.	Ms. Kamakshi Manjunath Vithalkar	A20116	B.A SEM I (Div B)	Second
3.	Ms. Manasi Mahesh Sawant	C19023	B.COM SEM III (Div D)	Third

All the participants were given online participation certificates and the winners will be awarded prizes as well as certificates.

4. Competition on "Women Who Inspired me on 2nd March, 2021":

The Women Cell "Jyoti", of M.E.S. College of Arts & Commerce, Zuarinagar, in collaboration with the JCI Panjim, organized a Competition on 2nd March, 2021 at M.E.S. College on the topic, "Women Who **Inspired** me "for the girl students of M.E.S. College B.A/B.Com/B.B.A/B.C.A and M.Com, during the Women's Week to commemorate International Women's Day. Participants were requested to make videos on the women who inspired them. **Participants** also requested email video were the on womencelljyoti@gmail.com. Total three teams had participated in the event. Two students Ms. P.J. Vandana and Sangeeta Pochaiah Vadla from S.Y.B.Com. D class were the winners of the competition. The trophies were sponsored by JCI Panaji. The event was judged based on creativity, message clarity and relevance, motivation and inspiration, highest likes on the Instagram and overall impact. The event was coordinated by Assistant Professor Ms. Shubhada D. Parab member of Women cell "Jyoti".

5. Talk on 'Aspects of Adolescence Life' held on 04th March 2021

The Women Cell "Jyoti", N.S.S unit of M.E.S. College of Arts & Commerce, Zuarinagar, in collaboration with the JCI Vasco, organized a Talk on the topic, "Aspects of Adolescence Life" for the girl students of M.E.S. College of B.A/B.Com/B.B.A/B.C.A and M.Com on 04th March 2021, during the Women's Week to commemorate International Women's Day celebration which is held on 8th March every year. The venue for the talk was M.S. Kamat Seminar Hall at M.E.S. College. The resource person was Dr. Shivani Jain who currently works as a Consultant, Obstetrics & Gynecologist in Manipal Hospital, Goa. The offline talk was attended by a total of 44 girl students in order to adhere by the SOP protocols related to corona virus. Dr. Sandhya Bhandare Sequeira, Principal In Charge, Mr. JC Peter D'Souza, President of JCI, Vasco, Dr. Sancheliana Faria, Chairperson of Women Cell 'Jyoti', Asst. Prof. Ms. Sweta Matonkar,

Coordinator of the Event, Members of the Women cell "Jyoti", Asst. Prof. Ms. Safal Narvekar, Asst. Prof. Ms. Sheetal Mandrekar, Asst. Prof. Ms. Sibel Almeida and Asst. Prof. Ms. Shubhada D. Parab and Members of the JCI, Vasco and students participants actively contributed towards the progress of the event.



Dr. Sandhya Bhandare Sequeira, Principal In-Charge presenting memento to the resource person Dr. Shivani Jain

Ms. Chanchal Shah, Junior Coordinator of JCI compered the entire event graciously. Dr. Sandhya Bhandare Sequeira, Principal in-charge, formally welcomed the august gathering. Asst. Prof. Sweta Matonkar, Coordinator of the event, introduced the honourable Resource Person, Principal In-charge and President of JCI, Vasco. Asst. Prof. Shubadha D. Parab and Asst. Prof. Sheetal Mandrekar gave a floral welcome to the honourable Resource Person, Principal Incharge and Mr. JC Peter D'Souza, President of JCI, Vasco.



Resource person Dr. Shivani Jain, Mr. Peter D'Souza, President of JCI, Vasco, student participants and members of Womens cell "Jyoti" for the talk on Aspects of Adolescence Life

Dr. Shivani Jain, resource person took over the session and enlightened the students with some useful piece of information on the topic "Aspects of Adolescence Life". Mr. JC Peter D'Souza, President of JCI, Vasco delivered a speech on leadership qualities and the importance of personality development among adolescents. Ms. Feba Issac, student of M.E.S. College gave a wonderful feedback with regard to the session. Dr. Sandhya Bhandare Sequeira, Principal Incharge, presented the memento to the Resource Person, Dr. Shivani Jain and Mr. JC Peter D'Souza, President of JCI, Vasco presented the memento to our Principal In-charge Dr. Sandhya Bhandare Sequeira. Dr. Sancheliana Faria, Chairperson, Women Cell 'Jyoti' proposed the vote of thanks.

According to the student's feedback, the talk was found to be very enlightening and informative. The resource person was apt at delivering the session and made the concepts very clear and comprehendible. Students were very inquisitive to know more and actively participated in the question answer session. It was indeed a very interactive session. Asst. Prof. Sheetal Mandrekar effectively managed to send the link of feedback forms and e-certificates to the student participants. The event commenced at 1.45 pm and ended by 3.30 pm. The event ended by singing the National Anthem and capturing a photograph of the same.

6. Self Defense Workshop on 4th March 2021

The Women's Cell 'Jyoti', Department of Physical Education and Sports and N.S.S. unit of M.E.S College of Arts and Commerce, Zuarinagar - Goa in association with JCI Vasco organized a Self Defense Workshop for the girl students of B.A/B.Com/B.B.A/B.C.A and M.Com of the college on 4th March 2021 to commemorate International Women's Day celebration which is held on 8th March every year. The Workshop was held in the Gymkhana Hall of M.E.S. College from 3.00 p.m. to 4.30 p.m. The resource person for the workshop was Dr. Mark Fernandez who is a national level Taekwondo player.

At the outset, the resource person was introduced by Mr. Savio Fernandes (Director of Sports). Dr. Mark Fernandez spoke on the importance of possessing these self-defense techniques in today's ever changing world. He also stressed the importance of having a good presence of mind and being sharp in any unforeseen circumstances. He taught the students some basic punches, kicks and blocks which would be helpful to the students and got these skills practiced by the students after his demonstration.



Resource person Dr. Mark Fernandez training the student participants for the self-defense workshop on 4th March 2021

The guests for the valedictory function were Dr. Mark Fernandes (Resource person), Mr. Peter D'souza (President of JCI, Vasco), Dr. Sandhya Bhandare (Principal In-charge), Dr Sancheliana Faria (Chairperson – Women's Cell 'Jyoti') and Mr. Savio Fernandes (Director of Sports). Dr. Sandhya Bhandare (Principal In-charge) welcomed the gathering and appreciated the initiative taken by the Women's Cell 'Jyoti' and JCI, Vasco to organize the workshop for the benefit of the

girl students. She also appreciated the resource person to train the girl students in various self-defense techniques. The feedback of the workshop was given by the student participant Miss Saloni Talavanekar. A total number of 36 participants took part in the workshop and participation certificates were distributed to all the student participants. President of JCI Mr. Peter D'Souza also motivated the girl students to participate in such activities in future.

President of JCI Mr. Peter D'Souza, Dr. Sandhya Bhandare (Principal In-charge), Dr Sancheliana Faria, Mr. Savio Fernandes presented the certificates to the participants. Other faculty members, Asst. Prof. Ms. Shubhada Parab, Asst. Prof. Ms. Sheetal Mandrekar, Asst. Prof. Sibel Almeida, Asst. Prof Ms. Sweta Matonkar of the Women's Cell, and student JC Ms. Chanchal Shah were also present for the workshop. As student participant, Miss Danica Colaco compered the function. Asst. Prof. Ms. Shubhada Parab proposed the vote of thanks. The workshop and valedictory function concluded with the recitation of National Anthem at 4.30 p.m.



Resource person Dr. Mark Fernandez, Dr. Sandhya Bhandare (Principal In-charge) Mr. Savio Fernandes (Director of Sports), Members of women cell "Jyoti" and student participants for the self-defense workshop on 4th March 2021

7. Talk on "Women Entrepreneurship" on 05th March 2021

The Women Cell "Jyoti", and N.S.S unit of M.E.S. College of Arts & Commerce, Zuarinagar, in collaboration with the JCI Vasco, organized a talk at M.E.S. College on the topic, "Women Entrepreneurship" for the girl students of M.E.S. College of B.A/B.Com/B.B.A/B.C.A and

M.Com on 05th March 2021, during the Women's Week to commemorate International Women's Day celebration which is held on 8th March every year. The resource person was Ms.Sunaya Shirodkar, Founder of Asia solutions OPC Pvt. Ltd. Ms. Sunaya Shirodkar, enlightened the students with some useful piece of information on the topic "Women Entrepreneurship". She shared her views on the concepts such as 'IKIGAI', 'STEM', Innovate for better world, and shared tips of how to become successful in business. Dr. Sandhya Bhandare Principal In-charge, introduced the esteemed dignitaries to the august gathering. She expressed her views on Women Empowerment, role and contribution of Women in sharing family responsibilities.



Resource person Ms.Sunaya Shirodkar, addressing the student participants and members of Women's cell "Jyoti" on the topic "Women Entrepreneurship" on 05th March 2021

JCI President Mr. Peter D'Souza formally welcomed the august gathering and also shared his experiences and views on how students could start their own entrepreneurship business by exploring different government schemes. The session was highly informative and educative to the aspiring and ever-enthusiastic students. It was followed by an interactive session with the speaker. The highly motivated students raised a variety of questions to the speaker to which she answered with unwavering enthusiasm, Dr. Sancheliana Faria, Chairperson, Women Cell "Jyoti" gave a bird view by reading the brief report of the activities conducted on Women Cell "Jyoti" on 4th and 5thMarch, 2021. Asst. Prof. Sibel Almeida, member of Women Cell and Coordinator of the event, proposed the vote of thanks. Asst. Prof. Sheetal Mandrekar effectively managed to

send the link of feedback forms and e-certificates to the student participants. Members of the Women cell "Jyoti", Asst. Prof. Ms. Safal Narvekar, Asst. Prof. Ms. Sheetal Mandrekar, Asst. Prof. Ms. Sweta Matonkar, Asst. Prof. Ms. Shubhada D. Parab and Members of the JCI, Vasco, Mr. Sujay Rao, Asst. Prof. Vasant Pednekar faculty at M.E.S College and girl students participants of M.E.S. actively contributed towards the progress of the event. The event commenced at 1.45 pm and ended by 3.30 pm. The event ended by singing the National Anthem. The event was compeered by student of M.E.S. College Ms. Danica Colaco.



Resource person, Ms. Sunaya Shirodkar, President Mr. Peter D'Souza JCI, Vasco, Dr. Sandhya Bhandare Principal In-charge, Student participants and members of Women's cell "Jyoti" for the session on "Women Entrepreneurship" on 05th March 2021

8. Webinar on "Women Empowerment" on 8th March, 2021

The Women Cell "Jyoti", of M.E.S. College of Arts & Commerce, Zuarinagar, in collaboration with the JCI Panaji, organized a webinar on 8th March, 2021 at M.E.S. College on the topic, "**Women Empowerment**" for the girl students of M.E.S. College of B.A/B.Com/B.B.A/B.C.A and M.Com, during the Women's Week to commemorate International Women's Day celebration, which is on 8th March every year. JCI Senator, Ms. Poonam Shirsat, Founder of Skill Company was the resource person for the webinar. Dr. Sancheliana Faria, Chairperson, Women's Cell "Jyoti", gave the welcome address. President of JCI Panaji JC Raghuvir Khandeparkar addressed the guest speaker Ms. Poonam Shirsat, Principal of M.E.S. College Dr. Meenakshi Bawa, Dr. Sancheliana Faria, Chairperson, Women's Cell "Jyoti", other faculty

members of the Women's Cell "Jyoti" and girl students participants. Asst. Prof. Shubhada D. Parab, Coordinator of the webinar and member of Women Cell "Jyoti" introduced the esteemed dignitaries to the gathering.

Ms. Poonam Shirsat, enlightened the students with some useful piece of information on the topic "Women Empowerment". She shared her real life experiences and success stories of women such as the American singer Mariah Carey, Indian Olympic Boxer MC Mary Kom and other successful women. She expressed her views on the Iceberg Illusion stating that 'Success is an iceberg'. She said that today is the day to sow and to get empowered. She suggested to the student participants to be a superwomen, never to give up career goals, to spend money wisely (economic empowerment) and to face challenges of life. She suggested to the participants to dig out the hero inside them. She said that women are empowered by God.



Asst. Prof. Ms. Shubada Parab introducing the guest speaker, Ms. Poonam Shirsat for the webinar on "Women Empowerment"



Webinar on "Women Empowerment" on 8th March, 2021 by Resource person Ms. Poonam Shirsat

The webinar was highly informative and educative to the aspiring and ever-enthusiastic students. It was followed by an online interactive session by the resource person. The highly motivated students raised a variety of questions to the speaker, to which she answered with unwavering enthusiasm. She also conducted an online quiz and two girl students Ms. Anjali Singh Chauhan and Ms. Rizwana Sayed who replied to the questions instantly will be awarded mementoes.

Dr. Meenakshi Bawa, Principal of M.E.S. College, proposed the vote of thanks. Dr Meenakshi Bawa quoted *Michelle Obama* who said that, "There is no limit to what we, as women, can accomplish." Women of the world want and deserve an equal future, free from stigma, stereotypes and violence; a future that's sustainable, peaceful, with equal rights and opportunities for all. She stated that the theme for this year's International Women's Day is 'Choose to Challenge.' It indicates that a "challenged world is an alert world, and from challenge comes change". This year, we can all choose to challenge everything that has been holding us back, and become better allies!

The Principal congratulated the Women's Cell for organizing this webinar on International Women's Day. She stated that the Women's Cell at M.E.S. College has been active over the past several years and has organized several interactive sessions, self-defense workshops, various competitions, etc. for girl students of the college which have helped them to explore their

interests and hone their talents. She concluded by quoting Meghan Markle - "It is said that girls with dreams become women with vision. May we empower each other to carry out such vision – because it isn't enough to simply talk of equality. One must believe it. And it isn't enough to simply believe in it. One must work at it.

Asst. Prof. Shubhada Parab effectively managed to send the link of feedback forms and e-certificates to the student participants. Members of the Women cell "Jyoti", Asst. Prof. Ms. Safal Narvekar, Asst. Prof. Ms. Sheetal Mandrekar, Asst. Prof. Ms. Sweta Matonkar, Asst. Prof. Ms. Shubhada D. Parab and girl students participants of M.E.S. actively contributed towards the progress of the webinar. Total number of participants for the webinar were 60.

The webinar commenced at 12.45 pm and ended by 1.30 pm. The webinar was compered by Asst. Prof. Sibel Almeida, member of Women Cell "Jyoti".

All the online and offline activities were successfully organized due to student's active participation, principal's support, co-operation, dedication and perseverance of the members of the women's cell "Jyoti."

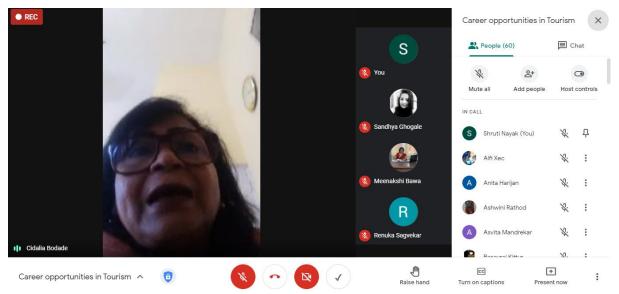
D. CAREER GUIDANCE CELL

The Career Guidance Cell of M.E.S College of Arts and Commerce, Zuarinagar – Goa organized an online talk on 'Path to be a CEO, Job Opportunities In The COVID Era' on 16th April 2021 on Google Meet platform for the B.A/B.Com./B.C.A/B.B.A/B.B.A.(Shipping and Logistics) students. The Resource person for the talk was Prof. Nilesh Saraswate, Faculty S.P. Jain institute, Ex-CEO IMS. All together 24 students attended the talk.



Prof. Nilesh Saraswate addressing the gathering

2) The Career Guidance Cell of M.E.S. College of Arts and Commerce, Zuarinagar – Goa in collaboration with Department of Tourism and Travel of M.E.S. College of Arts and Commerce, Zuarinagar–Goa organized an online talk on 'Career Opportunities in Tourism' on 19th April 2021 on Google Meet platform for the B.A./B.Com./B.B.A/B.B.A.(Shipping and Logistics) students. The Resource person for the talk was Dr. Cidalia Bodade, Associate Professor (retired), M.E.S. College of Arts and Commerce, Zuarinagar-Goa. All together 57 students attended the talk.



Dr. Cidalia Bodade addressing the gathering

2) Three students of B.Com. attended state level webinar on the topic "Building Entrepreneurship Skills in Students: Sharing Thoughts and Experiences" organised by Government college of Commerce and Economics, Borda, Margao-Goa on 24th April 2021.

E. GENDER CHAMPION CELL

The Cell chose Mr. Neel Dicholkar, B. A. III/IV Semester and Ms. Chetna Chaudhary, B. Com. I/II Semester to serve as Gender Champions for the year 2020-21.

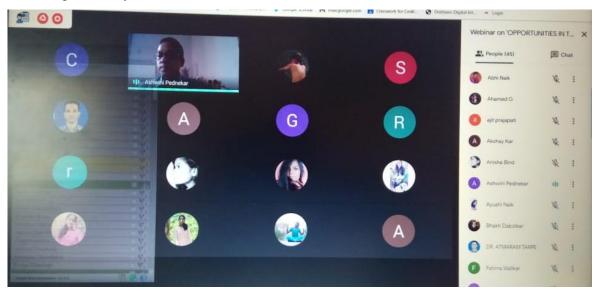
F. PLACEMENT CELL

1. WEBINAR ON 'CAREER OPPORTUNITIES IN THE INSURANCE SECTOR':

The Placement Cell of M. E. S. College of Arts & Commerce, organized a webinar on 23rd December 2020 at 4pm via Google Meet, for the final year undergraduate students. The resource person was Mr. Uday Redkar, proprietor of Kuber Investments & Financial Services. Mr. Redkar has a B.Sc degree in Mathematics, PGD in Mass Communication and is AMFI certified. He initially began his career in sales and marketing and later, joined the sunrise industry of insurance in 2001. He worked for Bajaj Allianz General Insurance and later moved to Bajaj Allianz Life Insurance as a Business Development Manager. He started his own venture M/s Kuber Investments & Financial Services in 2014, which offers solutions to the customers in health insurance, life insurance, general insurance, mutual funds, shares, etc. Mr. Uday Redkar has an experience of nineteen years in the financial sector which has seen many highs and lows in the market.

The webinar began with an introduction to the webinar and welcome by the Chairperson of the Placement Cell, Mrs. Cedila Pereira e Gomes. Member of the Placement Cell, Ms. Michelle D'Mello, introduced the resource person to the participants. This was followed by the address by the resource person. In his address Mr. Uday Redkar explained the different areas of insurance and the scope in this field. He encouraged the students to take up a career in this field, as it would broaden their horizon in the financial sector. After the address, some students asked questions, which were promptly answered by Mr. Redkar.

The session concluded at 5 pm with the vote of thanks proposed by Dr. Atmaram Tarpe, member of the Placement Cell. A total of forty-five students participated in this Webinar organized by the Placement Cell.



Mr. Uday Redkar, proprietor of Kuber Investments & Financial Services engaging the students

2. WEBINAR ON 'VACANCIES IN THE GOVERNMENT SECTOR':

The Placement Cell of the college in association with SSB Institute organized a webinar on the 'Awareness on vacancies in the Government Sector' on 13th March 2021 at 4 pm on Zoom platform for the undergraduate students of the college. SSB Institute for Central and State Government Exams is a group of professionals who have been tirelessly pursuing students to achieve great success in their careers. This Institute which based in Dadar has now become an MSME registered organization with six branches across Mumbai. Every single year, candidates inspire to become officers for Class I and Class II rank (Group A and Group B services) in Central and State Government. In this regards the awareness program was conducted for the students. The resource person for the session was Mr. Sukrut Bhushan, the Director of the Institute, who informed the students about the various exams and vacancies in the Government Sector such as that of banking, insurance, railway, law, defence etc., through a website that was created for the same, i.e prepp.in. This was followed by a brief interactive session with the students to clarify doubts and queries. Twenty-seven students attended the webinar. The faculties present for the webinar were Chairperson Ms. Cedila Pereira e Gomes, Dr. Atmaram Tarpe, Michelle D'Mello and Teja Temkar, members of the Placement Cell.

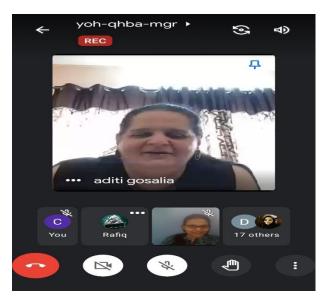


Certificate of Appreciation awarded to M.E.S College for student participation in the webinar

3. WEBINAR CONDUCTED IN COLLABORATION WITH MUMBAI EDUCATIONAL TRUST:

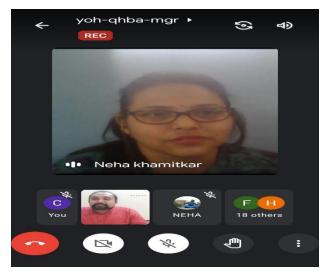
The Placement Cell of M.E.S College in collaboration with Mumbai Educational Trust conducted a webinar on the topic 'Three key skills for effective communication at the workplace' including 'CV Writing Skills' on 17th March 2021 at 4 p.m. MET is a conglomerate of premiere educational institutions that offers professional courses in Management, Mass Media, Information Technology, Animation, Pharmacy, Insurance, and Banking amongst others. MET tries to create a platform where students can be encouraged and empowered to make better career decisions by making informed choices. The webinar aimed at providing students a platform that would provide students a realistic glimpse about the real world, its challenges and ways to overcome them. The resource persons for the webinar were Senior Manager Aditi Gosalia and Assistant Professor Amritansh Nigam. Ms. Cedila Gomes, the Chairperson of the Placement Cell delivered the welcome address. Ms. Neha Khamitkar, Assistant Manager at MET, introduced the first guest speaker, Ms. Aditi Gosalia who spoke on C.V Writing Skills'. She facilitated an interaction and explained the idea behind presenting a good resume when applying for a job. She informed the students that a lot of formats for creating a good resume were available online and stressed that the students could make use of Microsoft

Word or infographics and suggested <u>canva.com</u> or Canva Pro, a free website which provides C.V templates for various job descriptions. She highlighted on the tips to write a good C.V like including essential keywords that match the qualification, so that the C.V is unique. She also told the students that one should emphasize on their strengths in the CV. She explained that every organisation had different expectations and therefore the C.V should be in tune with the demands of the role specified. She mentioned that personal details were not required for resume and stressed that the latest qualification should be mentioned in the beginning followed by previous qualification obtained, emphasizing on the job applicants' technical expertise, skills etc. The C.V was required to be short, precise, crisp and free from grammatical mistakes.



Ms. Aditi Gosalia, Senior Manager at MET, addressing the students on 'C.V Writing Skills'

Ms. Neha Khamitkar, Assistant Manager at MET, briefed the about the various career options available at their Institute as well as the coaching given for studying abroad after graduation.



Ms. Neha Khamitkar, the Assistant Manager of MET introducing the resource persons. The next session was delivered by Mr. Amritansh Nigam, Assistant Professor at MET who spoke on 'Effective communication skills at the workplace'. He differentiated between hearing and listening and emphasized on the importance of sharpening one's listening skills, summarizing, understanding the context of what is being communicated. He then spoke about the significance of note taking, storytelling etc. while mentioning several basic speaking skills which included speaking slowly and loudly, mirroring other people's actions/body language, tonality etc.



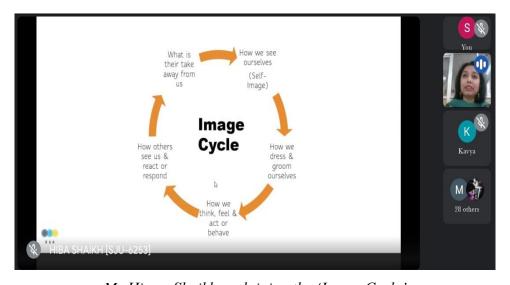
Mr. Amritansh Nigam, Assistant Professor at MET addressing the students on 'Effective communication skills at the workplace'

The webinar was very informative and interactive. A total of twenty-five students participated in the webinar. Ms. Priscilla David, Assistant Professor in English and member of the Placement Cell proposed the vote of thanks.

4. WEBINAR ON 'PERSONALITY GROOMING AND DEVELOPMENT':

A webinar on the topic "Personality Grooming and Development" was held on 7th April, 2021 at 4 p.m. which was conducted by Prism EDUvantage LLP, which is a professional skill enhancement course provider. The speaker for the session was Ms. Hiram Shaikh, a Chartered Accountant, Masters in Commerce, Diploma in IFRS from ACCA (UK) and a certified Image Consultant and Soft Skills Trainer from ICBI in partnership with Conselle Institute of Image Management, USA and accredited by SQA. Ms. Cedila Gomes, the Chairperson of the Placement Cell, gave the welcome address. Miss Michelle D'Mello, Assistant Professor in English and member of the Placement Cell of M.E.S. College, introduced the speaker for the session.

Ms. Hiram Shaikh spoke in-depth about personality grooming and the finer nuances of enhancing the same. She emphasized on body image which is the way a person presents himself or herself and how they want the other person to perceive them. She explained how self-esteem can play a role in creating a positive self-image and how to enhance it and represent their profession in a positive manner.



Ms Hiram Shaikh explaining the 'Image Cycle'

She also elaborated on aspects related to first impression such as wearing good clothes, presenting ourselves, grooming and etiquettes and other self-enhancing techniques. She then explained the ABCD of self-image; A- appearance which includes one's wardrobe, hair etc., B-behaviour which includes one's attitude, confidence etc., C-communication, which can be verbal, non-verbal and written and D-digital footprints, which is the image that people create by looking

at a person's social media like Facebook, Instagram etc and how these platforms help create a first impression before anything else.

She emphasized on the importance of dressing up formally and urged the students to understand their role and dress according to that. She also stressed on creating an 'I brand' and mentioned several personalities who have made themselves 'brands'. She elaborated on this by telling the students that if they're a brand, then people would want to invest in them. She mentioned the harsh reality of the corporate world and how people will hire candidates only if they're impressed by them and hence, they needed to score on their personal branding. She then concluded the session by asking the students to follow the Facebook and Instagram page of Prism EDUvantage LLP.

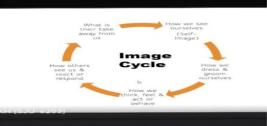
This was followed by a discussion with the students. Our student, Shreyas, asked Ms. Hiram as to how to impress people in the first seven seconds; to which she answered that one needs to look presentable and should present themselves in a way that they would want others to look. Mr. Xavier James elaborated on this and explained how the overall personality has more impact than just the dressing sense and how it is a combination of several aspects. Shreyas raised a question again, asking them about the ironic sentences, 'don't judge a book by its cover' and 'first impression is the last impression'. The speaker mentioned that the truth is that people will judge no matter what. Mr. Xavier explained this by giving several examples. Ms. Priscilla David, member of the Placement Cell, also enquired if any importance was given to certain physical features during job interviews. Ms. Hiram explained that one should work on enhancing their physical features. Our student, Sushant, asked about the psychological benefits of grooming and Ms. Hiram mentioned that the benefit is that people will feel good and confident about themselves. Dr. Atmaram Tarpe, member of the placement cell proposed the vote of thanks. Thirty-two students participated in this interesting and informative session.

PRISM EDUvantage LLP



Personalized Development Course





Ms.Hiram Shaikh

Ms. Hiram Shaikh and Mr. Xavier James from Prism Eduvantage LLP



Mr. Xavier James the founder of the Institute interacting with the students

PLACEMENT DRIVES AND INTERNSHIP OPPORTUNITIES:

1. PLACEMENT DRIVE BY ICICI PRUDENTIAL:

ICICI Prudential Life Insurance, in collaboration with the Placement Cell of M.E.S. College of Arts and Commerce, organized an online placement drive on 2nd March 2021 at 4 pm for the final year students of the college. The placement drive began with a pre-placement talk by the HR Manager Mr. Surya Yamujala, who highlighted the role and job description, responsibilities expectations of the said job position. Twenty-five students participated in the pre-placement talk. After the pre-placement talk, the Chairperson of the Placement Cell, Ms. Cedila Pereira e Gomes proposed the vote of thanks. Thereafter the online interview was conducted by the HR Manager. Six students were selected after the interview round.



Mr. Surya Yamujala, the HR Manager addressing the students

2. PLACEMENT DRVE BY INNOVSOURCE SERVICES PVT. LTD:

Innovsource Services Pvt. Ltd, in collaboration with the Placement Cell of our college, conducted an off-campus Placement drive on 3rd March 2021. Innovsource is the third largest staffing company in India and have been hiring in Goa for the past 8 years. The vacancies were for the post of Branch Relationship Executive for SBI Cards & Payment Services, and Female Delivery Associate for Flipkart. The following BCOM students were selected at the interview held in Panjim for the post of Branch Relationship Executive for SBI: Four students were selected for the posts.

3. PLACEMENT DRIVE BY ICCI BANK:

The Institute of Finance, Banking and Insurance (IFBI), the largest Private Bank Training Institute in India was established by NIIT in association with ICICI BANK. IFBI conducted a pre-placement talk for the graduated and final year students for recruitment to ICICI Bank in collaboration with the Placement Cell of our college on 12th March 2021 at 12.35 pm in the M.S. Kamat Seminar Hall of the college. Assistant Managers Mr. Ashish Raut, Mr. Shebhaj Khan, Mr. Pankaj Tilve and Ms. Akanksha Pawar- the HR Executive conducted the pre-placement talk. The HR Managers informed the students about the immediate recruitment of graduates for the job opportunity of a Value Banker with ICICI Bank, and training would be conducted for the interested final year students prior to the being recruited. The training would be conducted by IFBI. The key focus area of IFBI is to address the manpower challenges of multi-skilled and trained professionals in BFSI sector. IFBI is actively engaged in re-skilling existing professionals in the Financial Services sector - who are being overwhelmed by recent economic reforms, technology advancements and changes in attitude and approach in this sector. NIIT IFBI offers comprehensive program to candidates seeking a career in ICICI Bank. The IFBI FLAGSHIP PROGRAM is a Post graduation Diploma In Sales and Relationship Banking (PGDSRB). The program would be a 45 days training, followed by a three-month internship program to train candidates for the role of value banker. Eleven students attended the placement drive, out of which two were graduates from the college (one from BBA and one from BCOM) and the remaining nine presently the final year students (four from BCA and five from BCOM). The current students would be contacted by the Managers, for training on completion on their graduation.



Assistant Manager Mr. Ashish Raut addressing the students

Mrs. Cedila Pereira e Gomes, the Chairperson of the Placement Cell proposed the vote of thanks and concluded the session. The session was also attended by the members of the Placement Cell, Dr Atmaram Tarpe, Ms. Michelle D'Mello, Ms. Teja Temkar and Ms. Priscilla David. After the interview, one student was selected for post of value added Banker.at ICICI Bank.

4. INTERNSHIP AT ALIEN BRAINS:

Alien Brains, a company involved in Machine Learning & Web Development had internships opportunities for the students in the Digital Marketing & Online Marketing domain for the post of Community Intern - ISB (India's Super Brain). Six students were selected for the GD round, for the Digital Marketing Internship Program with Alien Brains, Kolkata which was held on 4th June' 2021 from 5pm to 5.15pm. After the GD & PI round, three students were finally selected for the Digital Marketing Internship Program. Out of these, two joined the internship program on the 7th of June 2021.

5. PLACEMENT OPPORTUNITY AT ESTELLAR ACADEMY:

Estellar Academy, an institution providing comprehensive test preparatory services for students preparing for Medical and Engineering entrance exams, school/board exams and competitive exams such as NTSE, KVPY and Olympiads having study centres in Margao, Vasco and Porvorim with corporate Hq. office at Patto, Panjim presented job openings for the following positions of Business Development Executive, Accounts Executive, EDP/IT Executive and Counsellors. The interviews for new openings at Vasco will be informed.

6. INTERNSHIP AT COFFEE 'N' THOUGHTS:

This organization had invited students for the intEARN 2K21 (Internship Opportunity + Earn & Learn Program). IntEARN 2K21 is India's first All India Summer Internship Programme and earn and learn opportunity provided to the students to learn new skills, upgrade their knowledge according to the market trends and earn during the internship. The requirement was to recruit sales interns for a period of two months for the event -BREAKING BOUNDS-scheduled from 23rd July 2021 to 25th July 2021. BREAKING BOUNDS is an upcoming 3-day virtual summit organized in India where different entrepreneurs, motivational speakers, influencers, and corporates are coming under one roof. Through this, the organization planned to create an opportunity for people to learn, discuss, and find solutions from industry experts and

speakers. This program is part of the Being a PAN India Corporate Project. The results the interview is awaited.

7. CHOWGULE REAL-ESTATE & CONSTRUCTION COMPANY PVT. LTD:

This organization had a vacancy for marketing position. The results for this vacancy are awaited.

8. ZINGLIN MEDIA INTERNSHIP:

Zinglin Media is a one-of-a-kind social media platform where India's millions can express themselves and showcase their talent. As a short video content app, it is ideal for creating and sharing short videos. A platform created to empower content creators to showcase their talent on movie screens across the country. Zinglin Media Private Limited is organizing a two months' internship (from home) for the students of First Year and Second Year students. The next round of internship is likely to take place shortly.

9. INDIA'S SUPERBRAIN COMPETITION:

On 9th December 2020, founder and MD, Mr. Praveen Baheti of Alien Brains and of India's Superbrain Competition visited the college to discuss details of the competition: India's Super Brain 2.0. While speaking on the intention behind developing it, he specified that, it is India's second Competition which judges a person not based on what he/she knows but what he/she can grasp and learn. He spoke more about ISB 2.0 mentioning that it is the brainchild of Alien Brains and primarily deals with five technologies-Machine Learning, Deep Learning, Computer Vision, Image Processing and React JS. He also mentioned that two weeks of optional live hands-on mentorship program from scratch of 40+ hours for each topic, with an average of four hours per day, coupled with doubt sessions everyday, will help participants compete with topic experts at the same level and also win prizes and rewards. Furthermore, he mentioned that they aim to look forward to getting participants to start building meaningful next-gen products and developing an entrepreneurial mindset. He also added that the participants reaching the top 50 could win a sponsored trip to Delhi for a Hackathon. Exposure of students to entrepreneurship was greatly welcomed. The final list of students who were selected to participate in the competition is awaited.

10. PHLS PVT. LTD.:

This organization, based in Goa. is dealing with fitness of body and mind, research and development and invited internship opportunities to the final year students of the college. The vacancies were in the fields of HR, sales and marketing interns to perform various tasks. One student was recruited for the position of HR. Interviews for marketing, costing, accounting and HR positions are to be held shortly.

G. COUNSELLING CELL

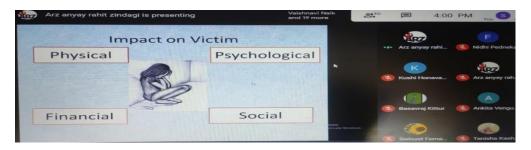
A. Webinar on Awareness on Sex Trafficking Counselling Cell

The Counselling Cell of M.E.S. College of Arts & Commerce, Zuarinagar organised a Webinar on "Awareness on Sex Trafficking" forB.A/B.Com/B.B.A/B.C.A and M.Com students of the College on 22nd December 2020.

The Webinar was streamed via Google Meet because of the pandemic situation. The resource person was Ms. Juliana Lohar, who works as a coordinator at a NGO Anyay Rahit Zindagi(ARZ), Goa. The Webinar was attended by total number of 30 students. Dr. Meenakshi Bawa, Officiating Principal, Dr. Freda Cota e Pereira, Chairperson of Counselling Cell, Asst. Prof. Sweta Matonkar, Coordinator of webinar and members of the counselling cell committee Ms. Ankita Vengurleker and Ms. Swiszel Fernandes, actively contributed towards the progress of the webinar. Ms. Ankita Vengurleker hosted the session, Dr. Freda Cota e Pereira delivered the welcome address, Ms. Swiszel Fernandes, introduced the honourable resource person Ms. Juliana Lohar, Asst. Prof Sweta Matonkar, pleasantly handled the question answer session and Ms. Ankita Vengurleker proposed the vote of thanks. Ms. Swiszel Fernandes efficiently managed the feedback form. The webinar commenced at 3:30 p.m. and ended by 4:30p.m. According to the student's feedback, the webinar was found to be very enlightening and informative.

The resource person was apt at delivering the session and made the concept very clear and comprehendible. Students were very inquisitive to know more and actively participated in the question answer session. It was indeed a very interactive session.

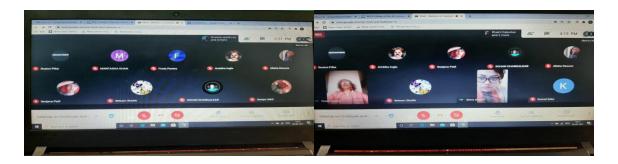




Images of Powerpoint Presentation by the resource person Ms. Juliana Lohar(coordinator at ARZ-NGO), students & teachers attending the webinar via Google meet.

B. Webinar on Gratitude and Resilience as the key to a better Mental Health

The Counselling Cell of M.E.S College of Arts & Commerce organized a webinar on "Gratitude and Resilience as the key to a better Mental Health" on 26th February 2021, the resource person was Ms. Diana Alapatt, counsellor and special educator at Bethany High School, Bangalore. This webinar was organized via Google meet because of the present pandemic situation. Approximately 40 students attended the webinar. The Co-ordinator and the host of the webinar was Ms. Ankita Vengurleker, College Counselor. Dr. Freda Cota e Pereira, Chairperson of Counselling Cell introduced our resource person Ms. Diana, who highlighted the need for being thankful, showing appreciation, gratitude towards others and ready to return kindness. She also briefed about how to be resilient and how resilience helps to release negative thought process in various aspects in life. After the interactive session a very effective and informative question and answer round was coordinated by Asst. Prof. Sweta Matonkar. The students raised many questions regarding being positive in life, and how to cope with life during covid-19 pandemic situation. All the students thanked the resource person as the session was very interesting and all their doubts were cleared. Ms. Ankita Vengurleker, College Counselor proposed the vote of thanks.



Images of the webinar, resource person Ms. Diana Alapatt students and teachers attending the session via Google meet.

C. Oral Hygiene from Youngster's Perspective on Occasion of Women's Day

The College Counsellors in collaboration with the Counselling Cell and Health Club of M.E.S College of Arts and Commerce celebrated Women's day on 8th March 2021. A talk was organized for the B.A. student on topic 'Oral Hygiene from Youngster's Perspective'; this was held in the college seminar hall. Approximately 35 students attended the talk. The resource person was Dr. Praveen Varghese. The Co-ordinator of the programme was Ms. Swiszel Fernandes, College Counsellor. The programme was hosted by Ms. Ankita Vengurleker, College Counsellor. The resource person was introduced by Ms. Swiszel Fernandes. Dr. Praveen spoke on how we need to take care of our oral health, besides he stressed on the ways we should take care of our oral health in our daily life. In his session he stressed on healthy diet, foods we need to avoid and are very harmful for our teeth and gums, maintaining our oral health are most essential for healthy living. It was very informative session.

Officiating Principal Dr. Meenakshi Bawa thanked and appreciated Dr. Praveen with a potted plant, for the delivery of a very useful session. The programme was guided by Dr. Freda Cota e Pereira, Chairperson of Health center and Counselling cell. Asst. Prof. Sweta Matonkar proposed the vote of thanks. Teaching faculties and students attended the talk.



Images of Dr. Praveen Varghese delivering the session to students and teachers.

H. ASSOCIATION OF ARTS & CULTURE

- An 'Online Solo Singing Competition' was carried out on Instagram for the students of B.A./B.COM/ B.B.A./ B.C.A./M.COM. The theme of the competition was 'Life in Post Covid Times'. A total of five students participated in the competition. The participants promoted their songs for a period of four days on Instagram and the results were declared on 18th April, 2021.
 - Mr. Kris Keith Andrade won the first place (Rs.1000)
 - Mr. Aston Jesus Decruz secured the second place (Rs.700)
 - Ms. Kamakshi Vithalkar bagged the third place (Rs.500).

All the three winners belong to the B.A. section and are semester two students.

2. Mr. Lowell Fernandes (B.A.-Semester II) participated in an International-Level Cultural Fest 'In Bloom' organized by Christ University, Bangalore. This fest was conducted online, from 8th to 11th April 2021.

I. NATURE CLUB

The Nature Club & Resource Management Cell of M.E.S. College of Arts and Commerce, Zuarinagar kick started their activities for the academic year 2020-21 by conducting a webinar on 'Decentralised Waste Management' on 15th December 2020 at 3 pm. Mr. Clinton Vaz, of Recycle Waste Management Services was the resource person.

A quiz was organized for the students of the college on the occasion of the World Environment Day on 5th June 2021. A total of 87 students participated in the quiz. The quiz was based on various environmental issues at local, national and international levels.

The Kasturi lecture series was restarted online due to the ongoing COVID-19 pandemic. The speaker for the day was Mrs. Gulab Borkar who is an environmental educator and she spoke on the topic "Kitchen to garden and back".

The 'Clean Goa Award' of Sanjeevan Society for Youth Development, Goa and under educational Institution category was awarded to M.E.S. College of Arts and Commerce, Zuarinagar, Goa. The award consists of cash amount of Rs. 25,000 and a memento. The Nature Club and Resource Management Cell of the college compiled and submitted the report for this award.

III. ACTIVITIES OF THE DEPARTMENTS

1. DEPARTMENT OF COMMERCE

- 1. On 4th October 2020 the Coordinator of Commerce Association Ms. Teja Temkar organized "E- Diwali Bazaar Expo Competition" on the occasion of Diwali festive season on the theme "Goan Diwali Bazaar". The competition was held for B.com Semester I, III, V and M.com students where team comprising of seven participants from each class participated. In total 15 teams participated where the participants were asked to prepare the video on promotion and marketing of the traditional Goan Diwali sweets, Eco friendly Akashdivo and Narkasur Mask, Decorative and Painted Diyas made by them during Diwali festive season.
- 2. The Department of Commerce in association with Career Counseling cell of Goa Branch of WIRC of ICAI 36organized a webinar for B.com Semester –I and III students of the college on 20-10-2020 from 4.00 pm to 6.00 pm. Total 92 students attended the webinar. CA Mr. Saish Naik was the Resource Person for the webinar. Who presented the history and functions of ICAI and explained in detail the eligibility for registration, procedure for admission, fee structure and pattern of examination for Charted Accountancy course. Students were also enlightened on

- career option, job opportunities, placement and average salary after completion of CA final Programme. The webinar coordinator was Dr. Champa R. Parab
- 3. A two day Webinar on the topic "Orientation on T.Y. B.Com Project Work" was organised on 26th October 2020 and 27th October 2020 between 11.30 a.m. and 1.00 p.m. via Google Meet. The Resource Person for the Webinar was Dr. Smitha Sandeep Sanzgiri, Associate Professor, G.V.M's College of Commerce & Economics, Ponda-Goa and Coordinator was by Ms. Teja Nitin Kerkar. The Webinar was scheduled on 26th OCT 2020 for T.Y.B.Com Semester V Div A and B and for C and D Division on 27th October 2020. The presentation by the Resource Person gave insight to the students on project guidelines, selection of project topics, formulation of objectives, questionnaires, structure of project report, conduct of examination, distribution of marks etc. The objective of this webinar was to guide and help B.com semester V & VI students in successful completion of their DSE 9 project subject.
- 4. A Four Day Webinar On "E-learning: Opportunities & Productivity" for UG Commerce & Arts students was organised on 5th, 6th, 7th and 8th November 2020 from 4 pm to 5 pm on each day. The webinar coordinator was Dr. Champa R. Parab .The objective of the webinar was to capacitate students to be more productive in their academics through E-learning. The webinar held using Google meet was attended by 284 participants from the B.Com/B.A streams of the college. The Resource Person for was Mr. Suraj Prakash Tuyekar, Assistant Professor from Post Graduate Department of Commerce, M.E.S College of Arts and Commerce. The resource person covered meaning of e-learning and demonstrated the process of joining Google classroom and submission of assignment on Google classroom created by their respective teachers for their respective subjects. Different Google chrome extensions like "Mercury Reader, URL Render, Tell Me more, Grammarly, Memorize, Dark Reader, Toggl Track, Cite This for Me" were demonstrated. The whole purpose of the webinar was to enhance the productivity of students in the process of e-learning under pandemic situation.
- 5. The **Virtual Inauguration of Commerce Association** was organised on 07th November 2020 between 12.45 p.m. and 1.45 pm to mark opening of Commerce Association for the academic year 2020-2021. At the Inaugural function the list of the

Co-opted Members and the Teacher facilitators of Commerce Association for the academic year 2020-2021 was announced. The activities scheduled for this academic year were presented to the students by the HOD Dr Champa R. Parab and Co-ordinator of Commerce Association. Ms. Teja Temkar.

- 6. A webinar on the topic "Orientation on Company Secretary" was organized by the Coordinator Dr Ashish M Joshi on Saturday 21st November 2020 from 4 .00 to 5.00 p.m., a total of 72 B.Com students of the College attended the webinar. The main purpose behind the webinar was to sensitize the student about the company secretary course and make them aware of the opportunities and possible careers after clearing the course. The Resource person Adv. S. Rama Rao, faculty and career 38counselor, Goa chapter of WIRC ICSI gave insights about Institute of Company Secretary of India (ICSI) and also informed the students about the course curriculum and employment prospects after becoming a Company Secretary.
- 7. A 2 Day Webinar on 'Developing a Questionnaire for Survey Based Study' was 38organized on 8th and 9th January 2021 from 4 to 5 PM. The objective of the webinar was to enable the final year B Com Students to frame a questionnaire for their Project Work. The Resource Person for the event was Dr. Kirti Tyagi, Assistant Professor at BBA (Shipping & Logistics) programme of MES College and the Coordinator was Dr Champa R. Parab. She emphasized on the importance of preparing a questionnaire The various types of questions were highlighted upon such as those to capture the demographic details, close ended and open-ended questions; the use of a rating scale ('likert scale') was also explained. Students were shown various sample questionnaires to enhance their understanding. Further, they were given tips on do's and don'ts while framing questions and responses. On the second day the topics touched upon were Methodology, Findings, Conclusions and Discussion. Students were shown how to create pie-charts, bar graphs, and basic statistical tables. The programme was attended by 99 B Com Semester VI students.
- 8. The Commerce Association organized an **E- Poster making competition** for B.com Semester II students on 2nd March 2021. The competition was held in online mode wherein the participants were asked to design the poster on the theme." Atmanirbhar

Bharat Swayampurna Goa'. In total 27 participants participated in the competition coordinated by Ms. Teja Temkar.

9. A "Certificate Course in Tally ERP.9 with GST "(Six Batches) "of 30 hours duration each was conducted by the Department of Commerce, M.E.S. College of Arts & Commerce, Zuarinagar-Goa from 2nd March 2021 to 21st April 2021 for B. Com Semester IV and VI Semester. Every week a session of 2 hours each was held on Tuesdays and Wednesday from 2.00 pm to 4.00 pm. The course was offered free of costs to the students and six faculties from the department of Commerce of the college namely Mr. Seltan Gomes, Ms Thomasin D'Souza, Ms Jamina D'souza, Ms Shubhda Parab, Ms Sheetal Mandrekar and Mr Vasant Mandrekar were the Resource Persons for the same. The HOD Commerce Dr Champa R. Parab was the Coordinator of this course. The objective of the course was to enhance their skills on Tally software which is widely used in many corporate firms

The Batch 1 consisted of B.Com. Semester VI Division 'A' students and Ms. Thomasin J. D'Souza was the Resource Person. A total of 23 students had registered and successfully completed the course.

The Resource person for Batch 2 of the Certificate Course in Tally ERP.9 with GST was Ms. Shubhada D. Parab and a total of 24 students from B.Com Semester VI had registered and successfully completed the course.

Batch 3 of the course consisted of 22 B.Com Semester VI students who successfully completed the course conducted by Assistant Professor Seltan Gomes

Batch 4 of a Certificate Course in Tally ERP.9 with GST was conducted by the Resource Person Ms. Jamina D'Souza for B.Com Semester VI students. Total 24 students registered and successfully completed the course.

A Certificate Course in Tally ERP.9 with GST – Batch 5 was conducted by the Resource Person Asst. Prof. Ms. Sheetal Mandrekar. Out of 23 enrolled students from B.Com Semester IV & VI 16 students attended and successfully completed the course.

Batch 6 of Tally ERP 9 with GST certificate course was conducted by the resource person Assistant Professor Mr. Vasant Pednekar for 20 students from B.Com Semester IV who successfully completed the course.

In total 136 students successfully completed the course.

- 10. A webinar on the topic "CVs, Resumes and Cover Letter for Freshers" was organized for B.Com Semester VI students on 12th March, 2021. The Resource Person was Ms. Priscilla David, Assistant Professor, Dept of English, MES College and Dr. Champa R. Parab was the Webinar Coordinator. The contents included introduction to CV/Resume/Biodata, the elements under CV/Resume/Biodata, with examples of each, difference between them and also the contents, types and examples of cover letters, samples of resumes, mentioned the do's and don'ts that students need to follow while writing a resume and gave several tips for proofreading. Video was presented which explained how to create a resume on Microsoft Word. The session was concluded by mentioning about the several apps and websites that the students can use, to create a resume or CV.
- 11. The Commerce Association organized "**Digi- Ad competition**" on the **theme** "**Vocal for Local**" for B.Com Semester III students on 17th March 2021. In total seven teams participated in the competition. The participants were asked to design the digital creative and innovative advertisement poster to market the imaginary product or service. The primary focus of the advertisement was to promote the locally produce products and services. Ms. Teja Temkar was the Coordinator of the event
- 12. A '5 Day Workshop on Data Analysis Using SPSS Software' was conducted between 31st March 2021 and 18th April 2021 from 12:30 pm to 2:30 pm for the B.Com Semester VI students. The workshop was conducted both in offline mode for first 3 days and in online mode for last 2 days. The Resource Person for the workshop was M.Com faculty, Assistant Prof. Mr. Suraj Prakash Tuyekar. The Coordinator was Dr. Champa R. Parab. The topics covered included introduction to SPSS, its important features, categories of data etc. Hands-on training was given to the students on the 40organization of data in excel, how to name, label, and code the data ,cross tabulation and reliability test with the use of data set in SPSS, the chi-square test. Ten Project Students from B.Com Semester VI, Div A attended the workshop.
- 13. A State Level Webinar on "**How to design a B-PLAN**" for UG and PG Commerce Students was organized on 7th April 2021 between 3:30 p.m. to 5:00 p.m. Assistant Professor Dr Kirti Tyagi, BBA, Shipping and Logistic was he Resource Person and Dr

Champa R Parab was the webinar Coordinator.64 participants from UG and Pg attended the webinar. The Resource Person covered how to develop. Write and present the business goals and strategies in convincing way.

14. The Department of Commerce in collaboration with "Bombay Stock exchange Brokers' Forum" Mumbai India organized Three Days State Level Webinar on the topic "Overview of Financial Market" for UG & PG Commerce Students between 14th April and 16th April 2021, from 12.30 pm to 1.30 pm. The objective of the webinar was to give students overview about working of stock market, economy, monetary policy and other aspects. Dr. Aditya Srinivasan, Chief Operating officer of BSE Brokers Forum, was the Resource Person for the webinar. Dr.Champa R. Parab was the Convenor of the Webinar and Ms Shubhda Parab was the Coordinator of the three day webinar. The topics covered on the 1st day: working of stock market operation with reference to direct and indirect methods of trading, intraday trading, and factors to be considered while trading on the stock exchange.

On the second day the topic covered: Fundamental analysis and its components such as industry analysis, economic analysis, company analysis and its importance while trading in stock market.

On the last and 3rd day the topics covered: Mutual Fund, Derivatives, Monetary policy and its implications, where the focus was on interest rate, inflation rate and its impact on stock market, overview to current scenario, and clarified on doubts raised by the participants. Participants from M.E.S. college and of Vidya Prabodhini College of Commerce Education Computer and Management, Porvorim Goa, CES college, Cuncolim, Goa, New College of Arts and Commerce, Zuarinagar, Goa, Government College Khandola, across Goa participated in the webinar, Total 124 students had registered for the webinar and 70 participants attended the webinar.

15. Department of Commerce in Collaboration with JCI Vasco organized a **State Level Webinar on "How to Deal with Procrastination"** for UG and PG Students on 17th April 2021 between 11.30 am and 1.00 pm. The Resource person was JC. Siddesh Kochrekar and the webinar Coordinator was Dr Champa R Parab. The webinar was for the students from different streams of UG and PG Programmes spread across the state

of Goa. Total 94 students had participated for the webinar, out of which 42 were from 12 other colleges and 52 were the students of M.E.S. College of Arts & Commerce, Zuarinagar- Goa. The Educational Institutions participated for the Webinar were; Shree Mallikarjun College of Arts And Commerce – Canacona; Government College of Arts, Science and Commerce- Khandola; Rosary College- Navelim; Vidya Prabodhini College of Commerce, Education, Computer & Management- Porvorim; Narayan Zantye College of Commerce- Bicholim; GVM's GGPR College of Commerce & Economics- Bandoda; Goa University- Taleigao Plateau; Government College of Arts, Science & Commerce- Quepem; Agnel Institute of Technology and Design- Mapusa; Sant Sohirobanath Ambiye College of Arts and Commerce- Pernem, Fr. Agnel Polytechnic- Nuvem and Sridora Caculo College of Commerce & Management Studies- Mapusa.

16. Department of Commerce in Collaboration with JCI Vasco organized a **One Day State Level Seminar on "Time Management"** on 22nd April, 2021 (Thursday) for the students from different streams of UG and PG Programmes spread across the state of Goa with more focus on the co-opted members of Commerce Association of MES College. The Programme began at 3.30 pm and concluded at 5.00 pm. 66 students had participated for the webinar, out of which 53 were the students of M.E.S. College of Arts & Commerce, Zuarinagar- Goa and 12 were from 9 other colleges. The Educational Institutions participated in the the Webinar were; Shree Mallikarjun College of Arts And Commerce – Canacona; Government College of Arts, Science and Commerce- Khandola; Rosary College- Navelim; Goa University- Taleigao Plateau; Sant Sohirobanath Ambiye College of Arts and Commerce- Pernem, St. Xavier's College- Mapusa, St Michael Institute- Panjim, V.M. Salgaocar College of Law- Panjim and Vikas Parishad Mandre College of Commerce and Economics- Madrem. Dr. Champa R Parab and Assistant Professor Vasant Pednekar were the coordinators for the webinar.

17. The Commerce Association organized the **Annual Commerce event Commerce Fiesta 2021** on the theme Post Pandemic Business World on 8th May 2021 from 9.00 am to 12.30 pm. The platform for the event was virtual. The Event Commerce Fiesta 2021 had in total 09 competitions. The competitions organised were Mememad (Meme

Making Poster/Humorous Poster), Buzzhap (News reporting), Jingles & Sargam (Pandemic Vocabulary/ Singing), Flagart (Flag Painting), Chitra (Collage Making), Quizard (Quiz competition), Tackler & Blocker (Debate) and Mr. & Ms. Post Pandemic. The Winner of the Commerce Fiesta 2021 was T.Y.B.Com A and the first runner up and second runners up placed was begged by the class S.Y. B.Com B and M.com respectively.

18. E quizzes:

- An Online Quiz was organised on "Company Final Accounts" for the undergraduate Accounts students of T.Y.B.Com and F.Y.B.Com from 12th April 2021 to 4th May 2021. This quiz was conducted to enhance the knowledge of the students in the subject of Accounts and to keep them intact with academic activities during the COVID-19 Pandemic period. The quiz was co-ordinated by Head, Department of Commerce, Dr. Champa R. Parab and Asst. Prof. Ms.Thomasin D'Souza. E-certificate was generated to all those participants who scored minimum 50% of marks via email. 74 students participated in the quiz.
- An Online Quiz was organised **on "Mergers and Acquisition"** for the undergraduate T.Y.B.Com and F.Y.B.Com Accounts students between 13th May 2021 to 23rd May 2021. This quiz was conducted to enhance the knowledge of the students in the subject of Advanced Company Accounts and to keep them intact with academic activities during the COVID-19 Pandemic period. The quiz was co-ordinated by Head, Department of Commerce, Dr. Champa R. Parab and Asst. Prof. Ms. Thomasin D'Souza. E-certificate was generated to all those participants who scored minimum 50% of marks via email. 27 students participated in the quiz.
- An Online Quiz on "Internal Reconstruction" for the undergraduate Accounts students of T.Y.B.Com was organised from 25th May 2021 to 3rd June 2021. This quiz was conducted to enhance the knowledge of the students in the subject of Accounts and to keep them intact with academic activities during the COVID-19 Pandemic period. The quiz was co-ordinated by Head, Department of Commerce, Dr. Champa R. Parab and Asst. Prof. Ms. Thomasin D'Souza. E-certificates were generated to all those

- participants who scored minimum 50% of marks via email. 10 students participated in the quiz. The quiz was entirely free of cost.
- An Online Quiz was organized on 'Human Resource Management' between 29th May 2021 and 7th June 2021 from 9.00 am to 6.00 pm for the students of Third Year B.Com of all the divisions. This quiz was conducted to enhance the knowledge of the students in the subject of Human Resource Management and to keep them intact with academic activities during the COVID-19 Pandemic period. The quiz was co-ordinated by Asst. Prof. Ms. Jamina D'Souza. E-certificate was given to those participants who scored minimum 50% instantly on successful completion of the Quiz. 53 students participated in the quiz.
- E-Quiz on "Income Tax "was conducted for B.Com Semester IV students. Total 35 Students participated in the quiz. E-Certificate was mailed to the students for participating in the quiz mentioning the score. Ms. Shveta S. Desai was the e quiz coordinator
- Subject related E-Quiz for B.Com Semester VI was conducted for B.Com Semester VI students of accounting in the subject of "DSE 6 Accounting I" between 1st June and 7th June 2021. Total 26 students participated in the Quiz. E-Certificates were mailed to the students for participating in the quiz mentioning the score. Ms. Shveta S. Desai was the e quiz coordinator
- An Online Quiz on "Introduction to Marketing Part-II" for the undergraduate F.Y.B.Com A, B, C and D division students was conducted between 2nd June 2021 and 15th June 2021. This quiz was conducted to enhance the knowledge of the students in the subject of Marketing and to keep them intact with academic activities during the COVID-19 Pandemic period. The quiz was co-ordinated by Asst. Prof. Ms. Thomasin D'Souza. E-certificate was generated to all those participants who scored minimum 50% of marks via email. 82 students participated in the quiz. The quiz was entirely free of cost.
- An Online Quiz on "Fundamentals of Investment" was organised for the students of Semester IV, Division A, B, C, & D from 2nd June to 8th June 2021. This quiz was conducted to test students' knowledge in the subject Fundamentals of Investment and to keep them intact with academic activities during the COVID-19 pandemic period. The

- quiz was co-ordinated by Asst. Prof. Ms. Sheetal Mandrekar. The students scoring 50% and above were given E-certificate sent via email. In total, 96 students participated in the quiz.
- An Online Quiz on "Introduction to Marketing" for the undergraduate B.Com Semester II students of the college was organised between 2nd June 2021 and 15th June 2021. This quiz was conducted to enhance the knowledge of the students in the subject of Introduction to Marketing and to keep them intact with academic activities during the COVID-19 Pandemic period. The quiz was co-ordinated by Assistant Professor Ms. Shubhada D. Parab. E-certificate was generated to all those participants who scored minimum 50% of marks via email. 121 students participated in the quiz.
- An E-QUIZ on CC-6 "Financial Statement Analysis and Interpretation" was organised for the students of B.Com Semester-II of M.E.S. College, Zuarinagar-Goa between 3rd June and 7th June 2021. E-certificates were generated to those participants who scored minimum 50% instantly on successful completion of the Quiz. Total 41 students participated in the quiz. The quiz was co-ordinated by Assistant Professor Mr. Narendra Gaonkar.
- An online quiz on the paper "Accounting for service organisations" was organised for the students of the college. The E-quiz was open for semester IV students across all four divisions from 4th June to 11th June 2021. 60 students participated for this online quiz. The passing percentage for this quiz was 40% and participants scoring more than 40% were awarded E-certificate. Asst. Prof. Seltan Gomes was the quiz co-ordinator.
- Online Quiz on "Salesmanship and Sales Management" for the undergraduate S.Y.B.Com. Students of our college between 4th June 2021 and 10th June 2021. This quiz was conducted to enhance the knowledge of the students in the subject of Salesmanship and Sales Management and to keep them intact with academic activities during the COVID-19 Pandemic period. The quiz was co-ordinated by Assistant Professor Ms. Shubhada D. Parab. E-certificate was generated to all those participants who scored minimum 50% of marks via email.19 students participated in the quiz.
- Online quiz competition on the topic "Cost Management for Service Sectors" organised between 18th May, 2021 and 2nd June, 2021 for the students Semester VI (Cost Management Accounting). The class strength is 22 students and there was 100%

participation. The questions for the quiz were covered from the original syllabus. The Quiz consisted of 10 questions consisting of 1 mark each, students were awarded with e-certificate after availing 50% and more marks. The e quiz coordinator was Mr. Vasant Pednekar, Assistant Professor.

- Online quiz competition on the topic "E-commerce & E-accounting" was organised for students of B.com Semester IV from 18th May, 2021 to 4th June, 2021. 105 students participated in the online quiz showing100% involvement. The questions for the quiz were covered from the original syllabus. The Quiz consisted of 10 questions consisting of 1 mark each, students were awarded with e-certificate after availing 50% and more marks. The e quiz coordinator was Mr. Vasant Pednekar, Assistant Professor.
- Online quiz competition on the topic "Tally ERP 9 with GST" was organised for the students of Tally ERP 9 with GST Certificate Course from 15th May, 2021 to 8th June, 2021. Total 110 students from six different batches answered the e quiz. The Quiz consisted of 10 questions consisting of 1 mark each, students were awarded with e-certificate after availing 50% and more marks. The e quiz coordinator was Mr. Vasant Pednekar, Assistant Professor Department of Commerce.
- Online quiz competition on the topic "Marginal Costing" was organised for the students of Advanced Management Accounting from Semester VI (Cost Management Accounting) from on 18th May, 2021 to 2nd June, 2021 .The class consists of 22 students and 100% participation was shown by the students. The questions for the quiz were covered from the original syllabus. The Quiz consisted of 10 questions consisting of 1 mark each, students were awarded with e-certificate after availing 50% and more marks. The e quiz coordinator was Mr. Vasant Pednekar, Assistant Professor Department of Commerce.
- Online quiz competition on the topic "Recent Trends in Management Accounting" was organised for the students of Advanced Management Accounting from Semester VI (Cost Management Accounting) from 118^h May, 2021 to 2nd June, 2021. All 22 students of the class participated showing 100% participation. The questions for the quiz were covered from the original syllabus. The Quiz consisted of 10 questions consisting of 1 mark each, students were awarded with e-certificate after availing 50% and more marks.

- The e quiz coordinator was Mr. Vasant Pednekar, Assistant Professor Department of Commerce.
- Online quiz competition on the topic "Strategic Cost Management" was organised from 18th May, 2021 to 2nd June, 2021 for the students of Advanced Management Accounting from Semester VI (Cost Management Accounting). All 22 students participated. The questions for the quiz were covered from the original syllabus. The Quiz consisted of 10 questions consisting of 1 mark each, students were awarded with e-certificate after availing 50% and more marks. The e quiz coordinator was Mr. Vasant Pednekar, Assistant Professor Department of Commerce.

Faculty Achievements

- ➤ Dr Sancheliana Faria published a paper in UGC Care list in Journal titled "ArthaVijnana", of the Gokhale Institute of Politics and Economics Vol. LXII No. IV/December, 2020. Title of the paper, "Determinants of Earnings of Motorised Canoes in Goa": An Analysis.
- ➤ Ms. Shveta Desai attended 20 days short term course on Use of SPSS and AMOS in Research from 15th June to 04th July 2021 organised by Indian Teacher Education Community in collaboration with Rosary College of Commerce and Arts, Navelim
- ➤ Mr. Narendra Gaonkar published a research paper titled Nutritional Security and Public Distribution System in the State of Goa in Journal of Xian Shiyou University, Natural Science Edition, Volume 16, Issue 11. ISSN No.1673-064X.
- ➤ Following were the **Resource Persons for the Tally ERP 9 with GST** short term certificate course held in the month of March and April 2021
 - Mr. Seltan Gomes
 - Ms. Thomasin Joliza D'Souza
 - Ms. Shubhada D. Parab
 - Ms. Sheetal Mandrekar
 - Ms. Jamina D'Souza
 - Mr. Vasant Pednekar

2. DEPARTMENT OF SOCIOLOGY

- ➤ Developing Case Studies, Poster/Collage Making by BA Semester I Sociology Generic Elective students SOG 101 Crime & Society, in the month of December 2020 on the following themes:
 - Retribution as an Archaic form of Punishment
 - Deterrence as a form of Punishment
 - Popularity of Reformative theory of Punishment in Civilized Society
 - Capital Punishment in India
 - Parole System
 - Probation System
 - Bail System
 - Custodial Violence

The following students were declared as winners of the Poster Making Competition: First place – Mr. Vinay Talwanker; Second place – Ms. Ghaniksha Dessai and Third place – Ms. Linfa Fernandes. Anusha Chari and Roshni Rathod developed Case Studies.

- ➤ Digital Poster Designing Competition on the topic "Traditional Systems of Health Care" for all the students of M.E.S College of Arts & Commerce, Zuarinagar- Goa. on 15 December 2020. The following students were declared as the winners: Ms. Kavita Rajoria First place, Mr. Rahul Nagavat Second place, Ms. Vaishnavi Hulginal Third place.
- ➤ A short **power point presentation** on "**Different Facets of Culture**" by BA Semester I Sociology DSC students SOC 101 Introduction to Sociology, on the following themes:
 - Ethnocentrism
 - Xenocentrism
 - Material and Non- Material Culture
 - Culture Shock
- ➤ A Webinar was organized on the topic: "Uniform Civil Code of Goa" for the students of BA Semester III & V. The resource person was Advocate Maria Vallery Vas from Vasco-Goa. The webinar was held on 18 December 2020.

- A Webinar was organised on the topic "Greetings & Business Etiquettes" for the students of BA Semester I, III & V. The resource person was Ms. Zina Varugis, a Counsellor in Guidance & Counselling and also a visiting faculty in the BBA Department of M.E.S College. The event was held on 22 December 2020.
- ➤ Poster Competition for BA Semester V Students SOC 105 Foundations of Sociological Thought on The Life & Works of any one Sociologist Auguste Comte, Herbert Spencer, Emile Durkheim, Karl Marx and Max Weber. The following students were declared as winners: First Place Albino Michael and Second Place Priscilla Mangte. This was held in the month of December, 2020.

The activities of the department for the **Even Semester** are as follows:

- ➤ Virtual Presentation on "Religions Practiced in India" by B.A. Semester II Sociology Generic Students SOG 102 'Religion and Society' on the topics Buddhism, Jainism and Judaism in the month of March 2021.
- ➤ Virtual Presentation on "Perspectives on Marginalization" by Sociology students of BA Semester VI –Sociology of Marginalised Groups on the topics Jyotirao Govidrao Phule, Dr. Babasaheb Ambedkar, E.V. Ramaswamy Periyar. The event was organized in the month of March 2021.
- Virtual Presentation by BA Semester II Div A/B/C for SOC 101 Introduction to Sociology paper on: "Indian Culture Vs Western Culture: The Beauty of Diversity" on 4 April 2021.

Participation in an Inter-Collegiate Event

Our students participated in 'E-Socius' Organized by Parvatibai Chowgule College of Arts & Science-Autonomous, Margao on 12 April 2021.

- ➤ Ms. Rushell Furtado BA Semester VI participated in the event **Theory Behind the Picture**. She made a virtual presentation on Emile Durkheim's Theory of
 Suicide Typology of Suicide according to degree of integration & regulation in
 society.
- ➤ MS. Shraddha Puthran BA Semester II participated in the event **Story Behind the Picture.** She presented a story with the help of a video and related its sociological relevance on the topic of poverty, gender inequality and ageing.

Mr. Sanskar Kambli BA Semester II made a poster presentation on 'Post-Covid Education: Build New Walls Rather than Plugging a Hole'. He highlighted that school/college closure impacts not only students, teachers & families but have far reaching socio-economic consequences.

Faculty achievements:

> Dr. Sonal Thakker

- Delivered a plenary talk on 'Role of Women in the Romantic World of the Mando A
 Goan Folklore' as a Resource Person in Two Day's National Virtual Conference on
 "Folklore, Society and Women" organized by the Department of Sociology, Kannada &
 History, HKE Society's, Smt. C. B. Patil Arts and Commerce Degree College Chincholi,
 Karntaka, held on 5th & 6th April 2021.
- Presented a paper 'Impact of Reverse Migration on Home Communities' at an International Webinar on "Migrants and Displaced Persons Amid Covid-19: Issues, Challenges and Policy Options" organized by the Centre for Indian Diaspora Studies (CIDS), School of International Relations and Politics (SIRP), Mahatma Gandhi University, Kerala in collaboration with Department of Social Sciences, FLAME University, Pune & Global Research Forum on Diaspora and Transnationalism (GRFDT), New Delhi from 15 to 17 October, 2020.
- Participated in the Two-Day Virtual International Conference on 'Experiments in Gender Mainstreaming: India and Canada' organized by the UGC Centre for Women's Studies, Mangalore University, in collaboration with the Ministry of Education, Government of India, and funded by the Shastri Golden Jubilee Conference Grant of the Shastri Indo-Canadian Institute, New Delhi on 16 & 17 March, 2021.
- Participated in a National Webinar on 'Media and Gender: Perspectives from the Northeast' organized by the Department of Journalism and Mass Communication, North-Eastern Hill University on 11 February, 2021.
- Participated in a Two-Day National Webinar on 'Women Empowerment at Workplace and Beyond' organized by Women Empowerment Committee, Department of Management, Humanities & Social Sciences, National Institute of Technology, Agartala held on 5-6 December, 2020.

- Participated in a National Webinar on 'Integrated Pest Management for Horticultural Crops' organized by Maharana Pratap Horticultural University, Karnal on 04 December, 2020.
- Participated in a National Workshop on 'Migration in Odisha Trends and Patterns' organized by International Justice Mission on 27 November, 2020.
- Participated in a National Webinar on 'Recent Trends in Qualitative Research' organized by School of Social Sciences and Languages, Vellore Institute of Technology, Chennai held on 26 November, 2020.
- Participated in a National Webinar on 'Establishing new teaching and learning skills & methodologies amidst Covid-19 pandemic' organized by Uttarakhand Science Education and Research Centre, Department of Information & Science Technology, Government of Uttarakhand on 27 October, 2020.
- Participated in a National Webinar on 'Decoding Feminism' organized by Centre for the study of social exclusion and inclusive policy, University of Rajasthan, Jaipur on 27 October, 2020.
- Participated in a National Webinar on 'The Role of Brain Mapping in Forensic
 Psychology' by Dr. Sanjeev Sahni, Principal Director of Jindal Institute of Behavioural
 Sciences organized by Think India on 26 October, 2020.
- Participated in an International Webinar on 'Art of Academic Writing & Publishing in Social Science Research jointly organized by the Department of Sociology, IQAC and Researchers Union, University of Kerala from 20-24 October, 2020.
- Participated in a National Webinar on 'Research Methodology in Social Sciences and Literature' organised by the Department of Sociology and Department of English in collaboration with IQAC, Teresian College, Mysuru held on 1st October, 2020.
- Participated in a National Webinar on 'Globalisation: New Opportunities, Wider Choices and Continuing Gender Gaps' organised by the Department of Sociology, Bishop Cotton Women's College, Bangalore on 25 September, 2020.
- Participated in a two-day National Webinar on 'Quest for Equality in Unequal India: A
 Dialogue on Dalit Literature, Gender, Aesthetic, Art and Activism' organised by the
 Department of English, Jagjiwan College, Ara on 19 & 20 September, 2020.

 Participated in a one-day National Webinar on 'Migrant Women Workers in India during Covid-19: Issues & Challenges' organised by School of Law in collaboration with National Commission for Women, Sharada University, Greater Noida, U.P. on31 August, 2020.

> Asst. Prof. Jessy Coutinho

- Participated in a Webinar (Six Days) on 'Mixed Methods in Social Science Research' organised by AICTE-STTP, SCMS, Cochi School of Business from 23 to 28 November, 2020.
- Participated in a Webinar on 'Journal Manuscript Submission Process' organised by Five Vidya, Bengaluru, Karnataka AICTE-STTP, SCMS, Cochi School of Business on 05 December, 2020.
- Published a paper titled 'Social Implications of Early widowhood in Indian Society" in Juni Khyat - an Indexed and Peer Reviewed Journal, listed in the UGC Care list of journals having an Impact factor 6.625, Vol. 10 Issue 5 May 2020.
- Participated in a National Webinar "Careers in Sociology" organised by the Department of Sociology and IQAC of Shree Mallikarjun and Shree Chetan Manju Desai College – Canacona- Goa held on 28th January 2021.
- Participated in a Two-hour Training Webinar on 'A step-by-step Guide to Write a Review Paper and Publish it' organised by Research Graduate Academy, Bengaluru on 13th March 2021.
- Participated in an Online Lecture series 'Gender, Human Rights and the Law' Organised by Manohar Parrikar School of Law, Governance and Public Policy and V.M. Salgaocar College of Law, Miramar – Goa on 24th and 25th March 2021.

> Asst. Prof. Sibel Almeida

- Participated in a Webinar on 'Cyber Bullying: Causes, Impact & Solutions' organized by Agnel Entrepreneurship Development Institute in collaboration with State Resource Centre for Women and Child Development, Directorate of Health Service – Goa from on 18 November, 2020.
- Participated in a Webinar on 'Not all SCARS are VISIBLE' organized by Agnel
 Entrepreneurship Development Institute in collaboration with State Resource Centre for

Women and Child Development, Directorate of Health Service – Goa from on 26 November, 2020.

- Participated in a Webinar on 'Polycystic Ovarian Disease (PCOD)' organized by The Women Cell "Jyoti" of M.E.S College of Arts & Commerce, Zuarinagar- Goa on 28 November, 2020.
- Participated in a National Webinar on NEP 2020 Higher Education (Planning for Implementation) organised by the Institution's Innovation Council of DCT'S Dhempe College of Arts & Science Miramar Goa Held on 9 December 2020.
- Participated in a National Webinar "Careers in Sociology" organised by the Department of Sociology and IQAC of Shree Mallikarjun and Shree Chetan Manju Desai College – Canacona- Goa held on 28th January 2021.
- Participated in a webinar on "Aspects of Adolescent Life' organised by the women cell "Jyoti" and NSS unit of MES College of Arts & Commerce Zuarinagar on 4 March 2021.

3. DEPARTMENT OF ECONOMICS

- A Guest lecture on Research Methodology by Dr. Harip Khanapuri, Assistant Professor at Goa Business School, Goa- University was organized on 7th November 2020 through Google meet for SYBA and TYBA Economics students. 20 students participated.
- The Department of Economics conducted a certificate course on 'Quantitative Methods and Basics of Econometrics' for BA Economics students from 26/07/2021 to 07/08/2021 (02 credits: 30 hours). 22 students registered for the course and 14 atudents completed the course. Mr. Yasser Hussain, Ms. Renuka Sagvekar and Ms. Sumita Datta were the resource persons for the course

Faculty achievements:

Ms. Gouri K. Manerkar

Has developed E-content for the following subject for B.A. Semester II: Entrepreneurship Development-II; Number of modules: 02

Mr. Rajesh Shetgaonkar

-Presented research paper in the International conference title 'Measurement of Labour Productivity and Capital Productivity in the Organised Textile sector of India' organized by Department of Commerce, Mumbai University, March 2021.

- -Presented Paper in the International conference titled 'trends in Total Factor Productivity organized manufacturing sector of textile' KSR Institute for Engineering and Technology, Tiruchengode, Namakkal District, Tamil Nadu, India on 3rd April 2021
- -Published a research paper title "Human Capital and Labour Productivity: Evidence from Unregistered Manufacturing Unit in Goa' in the Edited book "Current Research In Economics" published by AkiNik Publication, New Delhi. ISBN- 9789390541584, Pg No 71-84, Volume V -Published a research paper title 'Self Employment and Women Empowerment: A case Study of Schedule Caste Women in Goa'in Edited book "Current Research In Economics" published by
- -Has developed E-content for the following subjects: for B.A. Semester VI: Public finance-II Number of modules: 02 and Growth and Development –II Number of modules: 03

AkiNik Publication, New Delhi. ISBN-9789390541584, Pg No 71-84, Volume V

Mr. Yasser Hussian Razak

- -Presented a paper titled 'Earnings and Education across social groups in India' at the two day virtual International conference held on 12th and 13th March 2021 organised by Department of Commerce University of Mumbai on the theme World economy, Trade and Employment: Navigating the future.
- -Presented a paper on Earnings and Education: In the Indian context on 13th March 2021 at the One day National E- Conference on NEW EDUCATION POLICY 2020: Review and Implementation with special reference to Goa organised by GOVERNMENT College Borda, Goa.
- -Has developed E-content for the following subjects for B.A. Semester VI: Statistics and Econometrics II, Number of modules: 04 and Mathematical Economics-II, Number of modules: 06

Ms. Renuka Sagvekar

-Has developed E-content for the following subjects for B.A. Semester IV: Macroeconomics-II, Number of modules: 01; B.Com. Semester II: Managerial Economics, Number of modules: 04 and .B.A. Semester VI: Growth and Development-II, Number of modules: 01

Ms. Anagha Kamat Sambargi

-Has developed E-content for the following subjects for B.A. Semester VI: Public finance-II, Number of modules: 02 and Environmental economics –II, Number of modules: 02

4. DEPARTMENT OF ENGLISH

- The Department organised an intra-department Digital E-Newspaper Competition for the students. The coordinator of the event was Mr. William D'Souza
- The Department organised an inter-department Creative Writing Contest for the students of FYBA and FY BCOM. A WhatsApp group was created for this purpose. A picture was sent to the group. Participants had to write either a poem, article, short story or any other piece of creative writing based on the picture. Entries were judged based on originality, creativity and overall impact. The first, second and third place winners were given e-certificates. Ms. Priscilla David was the coordinator of the activity.
- A State-level Webinar titled, 'What After Studying English Literature' was organized for the students via google meet on the 30th of April, 2021. The resource person of the webinar was Mr. Satchin Koshy, Editor and Translator, Kerala. The talk focused on career prospects and possibilities for students graduating from B. A. English Literature. Around 90 students from various colleges in Goa registered for the webinar and participated in the same. The participants were given E-certificates.

Faculty achievements: Dr. S. Susan Deborah Resource Person:

- 1. "Positions and Readings in Ecocriticism" in the National Webinar, 'Literature in the Times of Corona Virus: An Ecological Perspective,' organized by the Research and Postgraduate Department of English, St. Thomas College (Autonomous), Thrissur, Kerala on 22 March, 2021.
- 2. "Tracing Eco masculinities: Nature, Performance and Hegemony" in the M. E. Mathew Memorial Two Day National Webinar on 'Exploring Masculinities' organised by the Department of English, Union Christian College, Aluva, Kerala on 05 & 06 November 2020.
- 3. "Ecocriticism: Theory and Praxis" in the National Webinar 'Ruminations' organised by the Post Graduate Department of English, Sri C Achutha Menon Govt. College, Thrissur, Kerala on 05 September, 2020.
- 4. "Thinking Eco critically: Aesthetics of Everyday Life" in the National Webinar organised by the Department of English (SF), Nirmala College for Women, An Autonomous Institution affiliated to Bharathiar University, Coimbatore, Tamil Nadu on 29 August, 2020.

Participation:

- 1. "Transgender and Disasters" webinar organized by National Institute of Disaster Management, Ministry of Home Affairs, Government of India in collaboration with International Justice Mission (IJM) on 27 August 2020.
- 2. "From Anthropocentrism to Anthrozoology: New Vistas in Ecocriticism" organised by the Department of English, Ethiraj College for Women (Autonomous) held on 02 July, 2020.

PUBLICATIONS: Chapters in Books:

1. "Searching for the Quintessential Home: Home-making and Trans-identity." Culture, Religion, and Homemaking in and beyond South Asia. Ed, James Ponniah. Minneapolis: Fortress Press, 2020. Print (ISBN 9781506439921).

Mr. William De Souza

- 1. Attended the online two week lecture series on "Contemporary Critical Theories" by Daath Voyage: An International Journal of Interdisciplinary Studies in English.
- 2. Attended FIP 2, Oruentation Programme, organised by NITTTR, Bhopal.
- 3. Coordinator: Organised a Digital E-Newspaper Competition for the students of the Department.

Ms. Priscilla David

- Coordinator for Creative Writing Contest in the month of November, 2020 and prize distribution ceremony for the same in March, 2021.
- Presented a paper in the International Webinar on Che Guevara organised by the Department of International Relations, Goa University and Department of English, Carmel College for Women, in the month of November, 2020.
- Resource Person for a Webinar on Resumes, CVs and Cover Letters for Freshers organised by the Department of Commerce, March, 2021.
- Attended a webinar on 'CV Writing Skills and 'Three Key Skills for Effective Communication at Workplace' by the Mumbai Educational Trust, organised for the students by the Placement Cell of M.E.S. College of Arts and Commerce, in the month of March, 2021

5. DEPARTMENT OF PSYCHOLOGY

Workshop on Statistical Data Analysis

The Department of Psychology of M.E.S. College of Arts & Commerce, Zuarinagar, organized a workshop on "Statistical Data Analysis" for the TY BA students of the College on 20thMarch 2021. The workshop was held in M.S. Kamat Seminar Hall of the College. The resource person was Dr. Vijay Viegas who works as an Assistant Professor, Post Graduate Department of Psychology, St. Xavier's College, Mapusa-Goa. The workshop was attended by a total number of 40 students. The strength of students was restricted in order to adhere by the SOP rules related to Covid-19 virus. Dr. Meenakshi Bawa, Officiating Principal, Dr. Freda Cota e Pereira, Head of the Department of Psychology, Asst. Prof. Ms. Sweta Matonkar, Coordinator of the workshop, teaching faculties of the Psychology Department Asst. Prof. Ms. Cedila Pereira e Gomes and Asst. Prof. Ms. Madhuri Marathe actively contributed towards the progress of the event. Asst. Prof. Ms. Sweta Matonkar compered the workshop graciously. Dr. Freda Cota e Pereira, Head department of Psychology, formally welcomed the august gathering and introduced the honorable resource Person. Dr. Vijay Viegas, resource person enlightened the students with the most essential necessary information on the topic "Statistical Data Analysis" and its relevance in research and data analysis in complying data when writing a research project report. Ms.Shaheen Shaikh, student of TY BA gave a wonderful feedback with regard to the session. Dr. Meenakshi Bawa, Officiating Principal, gave away the memento and thanked the resource person for delivering relevant information on the essential topic. Asst. Prof. Ms. Cedila Gomes e Pereira, proposed the vote of thanks. According to the student's feedback, the workshop was found to be very enlightening and informative. The resource person was apt at delivering the session and made the concepts very clear and comprehendible. Students were very inquisitive to know more about research and actively participated in the question answer session. It was indeed a very interactive session.



Career Guidance Sessions

The faculties of the department of Psychology organized career guidance sessions for the M.E.S HSSC students of the XIIth Science, Commerce and Arts on the 24th and 25th March 202. This session enlightened the students with various career opportunities relevant to their personalities; they can opt for after completing the XIIth boards. The resource persons were Dr. Freda Cota Pereira and Ms. Madhuri Marathe. The students benefitted from these sessions as their doubts related to career options were resolved and were updated with professional and non-professional courses offered by various colleges within the state and other states as well.





6. DEPARTMENT OF KONKANI

The Department of Konkani organized **Online Konkani Poetry recitation** competition for the students of MES College on 16th December 2020. Ms. Juvella Da Costa (FYBA) won first prize, while second and third prize were won by Ms. Shreeji Naik (FYBA) and Deeptesh Chodankar (SYB.Com) respectively. The Consolation prize were won by Ms. Ghaniska Desai (FYBA) and Ms. Kamaxi Vithalkar(FYBA). All together 14 students participated in this competition. Prof Satyawan Naik was the Co-ordinator of the competition.

The Department of Konkani organized **Online Konkani Quiz Competition** for the students of our College on 23rd December 2020. The theme of the Quiz Competition was 'Goan Identity'. The first prize was bagged by Nishita Karekar (B.com), while Ghanishka Dessai (FYBA) and Mr. Harish Halankar (B.Com) won second and third prize respectively. The Consolation prize were won by Mr. Gunaji Keluskar (B.Com), Samiksha Naik (B.Com) and Ms. Puja Haladmani (TYBA). Online e-certificates were given to all the participants. All together 64 students participated in this Competition. Prof Jayesh Raut was the Co-ordinator of the competition.

The Department of Konkani Celebrated **World Konkani Day** by organizing a Webinar on 'How to write a Short Story' on 9th April 2021. Renowned Konkani Writer Shri. Ajay Buva was the resource person for the Webinar. Shri Ajay Buva narrated a brief history of short story in Konkani. He also emphasized on writing skills of a short story. He shared his experience as an writer and inspired the students to write a short story by explaining the topic on how to write a short story. Dr. Cosma Fernandes was the Co-ordinator owhile Prof Satyawan Naik was the Co-coordinator of the Webinar. All together 62 students of FYBA, SYBA and TYBA participated in the Webinar.

The Department of Konkani Celebrated **World Tiatr Day** on 17th April 2021. On this occasion a Webinar was organized on the topic Tiatr. Konkani Tiatrist and Asst. Professor of Konkani of Fr. Agnel College of Arts and Commerce, Pilar Goa, Fr. Milton Rodrigues was the resource person for the Webinar. He presented the detailed history of Tiatr and explained the different trends in Tiatr. Dr. Cosma Fernandes was the Coordinator while Satyawan Naik was the Co-coordinator of the Webinar. All together 60 students participated in this Webinar.

Faculty Achievements

- ➤ Dr. Cosma Fernandes was a resource Person for an 'International E-Konkani Bhaas & Culure' Certificate Course organized by St. Aloysis College Mangalore, Karnataka on 20th November 2020.
- ➤ Dr. Cosma Fernandes was a resource Person for a webinar on 'Tomazinho Cardozos Tiatr' organized by Konkani Bhasha Mandal,Goa.
- ➤ Dr. Cosma Fernandes was a resource Person for an 'International E-Konkani Bhaas & Culure' Certificate Course organized by St. Aloysis College Mangalore, Karnataka on 23rd July 2021
- ➤ Dr. Cosma Fernandes Performed as an Artist at 60th Year of Goa's Liberation for His Excellency President of India on 19th December 2020.
- ➤ Dr. Cosma Fernandes has been a Subject Advisor for Confidential work of Goa Public Service Commission (GPSC), Govt. of Goa.
- Dr. Cosma Fernandes has been a subject Expert in Konkani for various post of Autonomous Institution and colleges of Goa.
- ➤ Dr. Cosma Fernandes has been a subject Expert in Konkani for CAS.
- ➤ Dr. Cosma Fernandes has been a Member of Affiliation Inquiry Committee at Goa Dental College, Bambolim appointed by Goa University.
- ➤ Dr. Cosma Fernandes has been a appointed as member to re-identify various aspects of Konkani Encyclopedia Project in the state of Goa by Goa University.
- ➤ Appointed as Officer on COVID management duty by Govt. of Goa From 7th May 2021 to 14th June 2021.
- ➤ Ms. Josmita Fernandes won Second Consolation prize at State level Online Creativity Contest (Poetry Competition) organized by Ravindra Bhavan, Curchorem.

7. DEPARTMENT OF TOURISM & TRAVEL

• The Department organized an online talk on 'Career Opportunities' in collaboration with the Career Guidance Cell of M.E.S. College of Arts and Commerce, Zuarinagar – Goa on 19th April 2021on Google Meet platform for the B.A/B.Com./B.B.A/B.B.A.(Shipping and Logistics) students. The Resource person for the talk was Dr. Cidalia Bodade, Associate Professor (retired), M.E.S. College of Arts and Commerce, Zuarinagar-Goa.

- The Department organized a talk on "Forts and Tourism" on 23rd December 2020 at 4:00pm on Google Meet platform for B.A. Tourism and Travel Students. Mr. Aditya Watve, Assistance Professor, Department of History, Dhempe College of Arts and Science, Panjim, Goa was the resource person.
- The Department organized a talk on "Tourism Innovation" on 21st December 2020 at 4:00pm on Google Meet platform for B.A. Tourism and Travel Students. Dr. Cheryl Venan Dias, Assistance Professor, Department of Maters of Tourism and Travel Management (MTTM), S.S. Dempo College of Commerce and Economics, Cujira, Bambolim, Goa was the resource person.

8. DEPARTMENT OF POLITICAL SCIENCE

1. OBSERVATION OF CONSTITUTION DAY

MES College of Arts & Commerce, Zuarinagar-Goa observed Constitution Day on 26th November 2020. To commemorate the same preamble to Indian Constitution and Fundamental Duties were read at 10:30 am in the college premises.



The Programme began with an introduction by the Officiating Principal of the College, Dr. Meenakshi Bawa., wherein she explained the importance of Constitution Day.

Preamble in Hindi was read by Assistant Professor Dattaprasad Shirgurkar. Preamble in Konkani was read by Dr. Cosma Fernandes, Associate Professor, Department of Konkani. Shri. Ashok Sambargi, Associate Professor from the Department of Political Science read preamble in English and Fundamental Duties enshrined in Indian Constitution.

A total of 97 staff members including teaching and non-teaching staff from college section, B.C.A. and B.B.A. section recited the preamble in three languages. 349 student NSS volunteers read the preamble in English at their respective residences and uploaded the video of same on social media platforms like WhatsApp, Facebook and Instagram to give it wider popularity. Dr. Meenakshi Bawa, Officiating Principal made the concluding remarks.

2. CELEBRATION OF 75 YEARS OF INDIA'S INDEPENDENCE - AZADI KA AMRUT MAHOTSAV

The following activities were organized on 31st May 2021 at M.E.S College of Arts and Commerce, Zuarinagar, Goa as part of the celebration of 75 years of India's independence: Azadi ka Amrut Mahotsay

1. Online talk on India's Freedom Struggle

The Government of India is celebrating 'Azadi ka Amrut Mahotsav' to commemorate 75 years of India's independence. To observe the same, the Department of Political Science, M.E.S. College of Arts and Commerce, Zuarinagar, Goa, organised an online talk on the topic 'India's Freedom Struggle' from 12.00 p.m. to 1.00 p.m. on Friday 12th March 2021 for the benefit of the students of the college.

Mr. Prajal Sakhardande, Associate Professor, Dhempe College of Arts and Science, Miramar, Goa, and an eminent historian and social activist, was the resource person for the talk. The programme commenced with a welcome address by the Officiating Principal Dr Meenakshi Bawa. Mr Sakhardande began his talk with the conquest of Indian subcontinent by the British, then highlighted the landmarks of India's freedom struggle and concluded with the grant of independence by British. Mr Sakhardande highlighted and explained in detail all the important events which contributed towards the materialisation of independence from the British rule.

A total of 91 students and 7 faculty members attended the talk. Talk concluded with the vote of thanks by Asst Prof Dattaprasad Shirgurkar.



Mr. Prajal Sakhardande delivering an online talk on 'India's Freedom Struggle'

2. Book exhibition on Azadi ka Amrut Mohotsav

To commemorate 'Azadi ka Amrut Mahotsav' M.E.S. College of Arts and Commerce, Zuarinagar organised a Book Exhibition in library premises of college for one week from 12th March 2021 to 19th March 2021. The exhibition was inaugurated on 12th March 2021 at 1.00 p.m. with lighting of the traditional lamp by the Officiating Principal and faculty members. The Officiating Principal Dr Meenakshi Bawa welcomed the gathering. Shri. Dattaprasad Shirgurkar, Assistant Professor, Department of Political Science, briefly explained the importance of the day and stressed on the need to read about the history of India's freedom struggle which would help to develop a true spirit of nationalism especially among the youth.

A variety of books pertaining to India's Freedom Struggle in various languages were exhibited so as to inspire and motivate students to read about India's freedom struggle.



Inauguration of Book exhibition



Officiating Principal, Dr. Meenakshi Bawa, and staff members present for Book Exhibition



A glimpse of some students present at the inaugural function

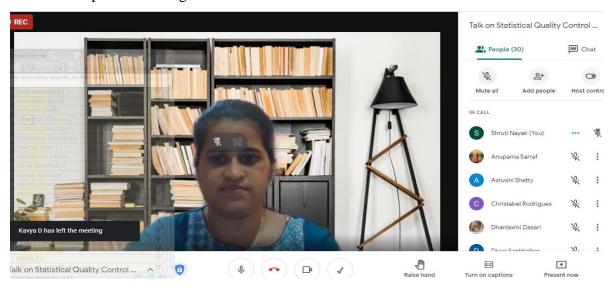


Books on India's Freedom Struggle displayed at the Book Exhibition

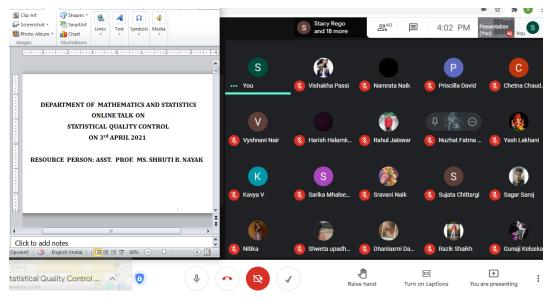
9. DEPARTMENT OF MATHEMATICS

Three students of B.Com. semester II and IV, attended the webinar on "Importance of Mathematics in Intelligent Techniques" organized by Department of Mathematics, PSG institute of Technology and Applied Research, Coimbatore on 13/08/2021.

The Department organized an online talk on 'Statistical Quality Control' on 3rd April 2021 on Google Meet platform for the B.Com. semester II, IV and VI students of MES College of Arts and Commerce, Zuarinagar–Goa. Ms. Shruti B. Nayak, Assistant Professor, Department of Mathematics and Statistics, M.E.S. College of Arts & Commerce, Zuarinagar, Goa was the resource person. All together 41 students attended the talk.



Assistant Prof. Ms. Shruti B. Nayak addressing the gathering



Participants of the talk on 'Statistical Quality Control'

Faculty achievements:

Ms. Shruti B. Nayak

- 1) Participated in the Webinar on the topic "Aspects of effective Math Education" and "Pedagogical Content knowledge" organized by the Mathematics pedagogy unit of St. Xavier's Institute of Education, Mumbai-Maharashtra on 26th September 2020.
- 2) Participated in the Webinar on the topic "Discovering Aesthetics in Mathematics" organized by the Mathematics pedagogy unit of St. Xavier's Institute of Education, Mumbai-Maharashtra on 31st October 2020.
- 3) Participated in the Webinar on the topic "Ethnomathematics" organized by the Mathematics pedagogy unit of St. Xavier's Institute of Education, Mumbai- Maharashtra on 28th November 2020.
- 4) Participated in the Webinar on the topic "Teaching Mathematics with a Multidisciplinary Perspective" organized by the Mathematics pedagogy unit of St. Xavier's Institute of Education, Mumbai-Maharashtra on 23rd January 2021.
- 5) Participated in the Webinar on the topic "Technology Enabled Explorations: A Catalyst for Developing Mathematical Thinking" organized by the Mathematics pedagogy unit of St. Xavier's Institute of Education, Mumbai-Maharashtra on 27th February 2021.
- 6) Successfully completed Two-Week Online Refresher Course in "Mathematics" organized by "Department of Mathematics, Ramanujan College" from 16th to 30th March 2021 and obtained A+ Grade.
- 7) Successfully completed Online Two-Week Refresher Course/ Faculty Development Programme in Statistics on the theme "Applications of Statistical Techniques in Real World" organized by "Teaching Learning Centre, Ramanujan College, University of Delhi" from 1st to 15th May 2021 and obtained A Grade.
- **8**) Attended Faculty Development Programme on the theme 'Holistic Approach to Work Ethics' organized by MES College of Arts and Commerce, Zuarinagar- Goa on 7th August 2021.
- **9**) Created three modules in the subject of Commercial Arithmetic-I and two modules in the subject of Commercial Arithmetic-II for the DISHTAVO project of DHE, Goa Government.

- **10**) Conducted remedial coaching for the students of B.Com. semester III students in the subject of Business Statistics –I.
- **11**) Worked as an official at call centre established for monitoring Home isolation of COVID-19 patients from 19th May 2021 to 24th May 2021.
- **12**) Worked as an official at Control room set up at Parvatibai Chowgule College of Arts and Science, Gogol, Margao-Goa established for monitoring of COVID beds and related issues of COVID patients admitted at private hospitals in South- Goa from 25th May 2021 to 14th June 2021.

Ms. Savita C. Talawar

- 1) Created two modules in the subject of Commercial Arithmetic-I, six modules in the subject of Commercial Arithmetic-II, three modules in the subject of Business Statistics-I and four modules in the subject of Business Statistics-II for the DISHTAVO project of DHE,Goa Government.
- 2) Conducted remedial coaching for the students of B.Com. semester I/II students in the subject of Commercial Arithmetic-I/II.

10. DEPARTMENT OF INFORMATION TECHNOLOGY

From 27th February to 5th of March 2021, Department of IT had conducted an activity for students of Dept. of IT, to participate in Best Practices of Security and answer the Online Quiz by Infosecawareness.in, through Cyber Swachhta Kendra, an initiative under the Ministry of Electronics and Information Technology (MeitY) Govt. of India. After answering the quiz students were told to upload the certificate in Google Classroom. Following students participated in the activity.

Sr. No.	Class	SEM	DIV	No. of Students
1	B.A.	II	A/B/C	21
2	B.Com.	II	В	41
3	B.Com.	II	D	32
4	B.Com.	IV	A	15
Total No. of students participated				109

On 8th March 2021, on the occasion of International Women's Day, our students participated in the webinar in IT lab, on "Women in Leadership: Achieving an equal future in a Covid-19 world", organized by women Vice Chancellors and Principals of College. Hon'ble Shiksha Mantri, Shri Ramesh Pokhriyal "Nishank" had addressed the gathering.



On 30th May 2021, Department of IT organized an Online Quiz for the students on Goa Statehood Day, conducted by Goa Institute of Public Administration & Rural Development. Students had to follow the link https://forms.gle/39XPi8L4TiUtK7CS7 and Answer the online Quiz on the topic GOA PAST AND PRESENT. The participation certificates were uploaded in the Google Classroom.

Sr. No.	Class	SEM	DIV	No. of Students
1	B.A.	II	A/B/C	07
2	B.Com.	II	В	15
3	B.Com.	II	D	06

Total No. of students participated	28

On 4th June 2021 at 6:30 PM, Department of IT made an arrangement for the students of the Department, to participate in the Webinar using Zoom/Youtube on **CYBER CRIME AWARENESS** organized by LIONS CLUB OF BOMBAY UPTOWN in twinning with LIONS CLUB OF DABOLIM. Students were told to write down all the important points about cybercrime awareness on their notebook & upload it in the Google Classroom. The participation certificates will be uploaded in the Google Classroom.

Sr. No.	Class	SEM	DIV	No. of Students
1	B.A.	II	A/B/C	10
2	B.Com.	II	В	28
3	B.Com.	II	D	25
4	B.Com.	IV	A	11
Total No. of students participated				74
Total No. of Faculties participated				03

On 26th June 2021, a webinar on ERP by the Guest Speaker Mr. Milind Anvekar, VP,Project & Customer Service at Open Destinations, is being scheduled for the students of B.Com. Sem IV, in the subject of Computer Applications for Business-II, as a part of mini project.

11.DEPARTMENT OF GEOGRAPHY AND EVS

Faculty Achievements

- ➤ Dr. Racheal Chacko published a paper on Chance, R., Tinel, L.L.G., Sarkar, A., Sinha, A., Mahajan, A., Chacko, R., Sabu, P., Roy, R., Jickells, T., Stevens, D. and Wadley, M., 2020. Surface Inorganic Iodine Speciation in the Indian and Southern Oceans From 12° N to 70° S. *Frontiers in Marine Science*, pp.1-16
- ➤ Dr. Racheal Chacko published a paper on Inamdar, S., Tinel, L., Chance, R., Carpenter, L. J., Sabu, P., Chacko, R., Tripathy, S. C., Kerkar, A. U., Sinha, A. K., Bhaskar, P. V., Sarkar, A., Roy, R., Sherwen, T., Cuevas, C., Saiz-Lopez, A., Ram, K., and Mahajan, A. S.: Estimation of reactive inorganic iodine fluxes in the Indian and Southern Ocean

- marine boundary layer, Atmos. Chem. Phys., 20, 12093–12114, https://doi.org/10.5194/acp-20-12093-2020, 2020.
- ▶ Dr. Racheal Chacko published a paper on Sabu, P., Libera, S.A., Chacko, R., Anilkumar, N., Subeesh, M.P. and Thomas, A.P., 2020. Winter water variability in the Indian Ocean sector of Southern Ocean during austral summer. *Deep Sea Research Part II: Topical Studies in Oceanography*, 178, p.104852.
- ➤ Dr. Racheal Chacko published a paper on Parli, B.V., Dessai, D.R., Anilkumar, N., Chacko, R. and Pavithran, S., 2020. Meridional variations in N* and Si* along 57° 30′ E and 47° E transects in the indian sector of the Southern Ocean during austral summer 2011. Deep Sea Research Part II: Topical Studies in Oceanography, 178, p.104846.
- ➤ Dr. Racheal Chacko published a paper on Naik, R.K., George, J., Soares, M., Anilkumar, N., Mishra, R.K., Roy, R., Bhaskar, P.V., Sivadas, S., Murukesh, N., Chacko, R. and Achuthankutty, C.T., 2020. Observations of surface water phytoplankton community in the Indian Ocean: A transect from tropics to polar latitudes. *Deep Sea Research Part II: Topical Studies in Oceanography*, 178, p.104848.

12. POST GRADUATE DEPARTMENT OF COMMERCE (M.COM)

The details of the activities for the academic year 2020-21 are as follows:-

Date	Activity	Resource Person	Co-ordinator
28/09/2020	Ice Breaker Event		
28/10/2020	Four Day State Level Webinar on	Dr. Kirti Tyagi	Dr Champa R Parab
to	"Introduction to Research		
31/10/2020	Methodology		
27/11/2020	Certificate programme on "Aptitude Asst. Prof. Mr. Pranit S		Dr Champa R Parab
То	and Reasoning"	Naik	
30/04/2021			
08/03/2021	Two-Day Online Workshop on	Asst. Prof. Ms.	Dr Champa R Parab
to	"Data analysis using Gretl and	Savina A Rebello	
09/03/2021	Eviews"	Asst. Prof. Mr. Suraj	
		P Tuyekar	
12/03/2021	Two-Day Online Workshop on	Asst. Prof. Mr. Pranit	Dr Champa R Parab
to	"Data Management and	S Naik	
13/03/2021	Presentation (using Ms Excel and	Asst. Prof. Mr. Suraj	
	PowerPoint)"	P Tuyekar	
		Asst. Prof. Ms.	
		Savina A Rebello	

18/03/2021	Two-Day Workshop on Basics of	Asst. Prof. Mr. Suraj P	Dr Champa R Parab
to	Stock Trading	Tuyekar	
19/03/2021			
06/04/2021	State Level Webinar On	Mr. Jamini Patel	Dr Champa R Parab
	"Understanding Stock Market		
	Operations"		
01/06/2021	E-Quiz on "Research		➤ Mr. Suraj P
to	Methodology - I "		Tuyekar
05/06/2021	E-Quiz on "Research	NA	Mr. Pranit S Naik
	Methodology - II''		Ms. Savina A
	E-Quiz on "Research		Rebello
	Methodology - III"		
	[M.Com Part II]		
01/06/2021	E-Quiz on "Advanced Corporate		Ms. Savina A Rebello
to	Accounting"[M.Com Part I]	NA	
05/06/2021			
01/06/2021	E-Quiz on "Marketing	NA	Mr. Pranit S Naik
to	Management"[M.Com Part I]		
05/06/2021			
01/06/2021	E-Quiz on "Human Resource	NA	Mr. Suraj P Tuyekar
to	Management"[M.Com Part I]		
05/06/2021			

ICE BREAKER EVENT 2020

Virtual Ice Breaker event was organised by the Programme Co-ordinator, faculty and the students of MCOM part II for M.Com Part I students on 28th September 2020

The event was hosted by M.Com Part II student Ms. Anjali Singh followed by a welcome address by M.Com Programme Coordinator Dr.Champa R. Parab. The celebration consisted of games, songs, and dance video on M.Com journey. The event had a competition on "Best Performer 2020" for M.Com Part I students.

The M.Com part II students presented a video of their journey to M.com Programme. The winner of the "BEST PERFORMER 2020" competition was Ms. Misbah Shaikh and 1st Runner's up position was Ms. Dipti Bongle, and 2nd Runner's Up was Krishna Myageri.

The M.Com Part I and Part II students shared their experiences. M.Com Part II student Ms. Ritika Tomar concluded the event by proposing the vote of thanks.

FOUR DAY STATE LEVEL WEBINAR ON "INTRODUCTION TO RESEARCH METHODOLOGY"

A 4-day State Level Webinar on "Introduction to Research methodology" was organised from 28th October to 31st October 2020 between 4:00 pm to 5:00 pm on each day on Google meet. The Resource Person for the webinar was Dr. Kirti Tyagi, Assistant Professor of BBA- Shipping and Logistics Department of M.E.S College of Arts and Commerce. The webinar was coordinated by Dr.Champa R Parab.

The objective of the webinar was to capacitate students to conduct a quality research by enlightening them on basic concepts of research, literature review, identification of research gap, hypothesis development, sampling techniques, and citing of references.

The webinar was attended by 127 M.Com students from Goa Business School, Goa University and 5 affiliated colleges i.e. VVM'S Shree Damodar College of Commerce and Economics-Margao, Narayan Zantye College of Commerce-Bicholim, Government College of Arts Commerce and Science-Quepem, Government College of Arts Science and Commerce-Khandola, and Sant SohirobanathAmbye Government College of Arts and Commerce-Pernem.

SHORT TERM CERTIFICATE COURSE ON APTITUDE AND REASONING (60 HOURS)

The P.G. Department of Commerce conducted a Short Term Certificate Course of 60 hours duration on "Aptitude and Reasoning" for M.Com Part I & Part II students. The Resource Person for the certificate programme was the faculty from P.G. Commerce, MES College, Asst. Prof. Mr. Pranit Satyawan Naik and Dr.Champa R. Parab was the Coordinator. The programme was conducted between 27th November 2020 and 30th April 2021 on every Friday and Saturday of the week via google meet from 4:00 pm to 5:30pm. The topics covered include theoretical background on concepts of aptitude and reasoning, problem solving and logical analysis.

TWO DAY ONLINE WORKSHOP ON "DATA ANALYSIS USING GRETL AND EVIEWS"

The P.G. Department of Commerce of M.E.S College of Arts and Commerce organized a Two day workshop on "Data Analysis using Gretl and Eviews" (virtual) on 8th and 9th March between 10:00 am to 12:00pm for the M.Com Part I and II students of the college.

The objective of the workshop was to enable students to gain an overview of econometrics, develop an understanding of the tools of econometrics to provide analytical skills with the software to carry out research. The two day workshop was held using google meet g suite.

Asst Prof Ms. Savina Rebello and Asst Prof Suraj P Tuyekar were he Resource Persons, faculty from P.G. Commerce of MES College and Dr Champa R. Parab was the Coordinator. Data

analysis using Gretl was taken by Resource person Ms. Savina A Rebello and on the 2nd day data analysis using EViews by covered by Mr. Suraj P Tuyekar.

TWO DAY ONLINE WORKSHOP ON DATA MANAGEMENT AND PRESENTATION (USING MS EXCEL AND POWERPOINT)

The P.G Department of Commerce of M.E.S College of Arts and Commerce organized a Two day workshop on the theme "Data Management and Presentation (using Ms Excel and PowerPoint)" (virtual) on 12th and 13th March 2021 between 09:30 am to 01:00pm for the M.Com students of the college through google meet g suite. The Workshop Co-ordinator was Dr.Champa R. Parab. The objective of the workshop was to skilfully enter data, formatting of data and presenting the data in a concise and effect format.

The Resource Persons for the workshop were the M.Com Faculty Asst Prof Mr. Suraj P Tuyekar and Asst Prof Mr. Pranit Naik for data management using MS Excel and Asst Prof Ms. Savina Rebello for Data Presentation using MS-PowerPoint.

"TWO DAY ONLINE WORKSHOP ON BASICS OF STOCK TRADING"

On 18th and 19th March 2021 the PG Department of Commerce had organized a two day online workshop on "Basics of Stock Trading" from 12 pm to 1 pm for the M.Com Part I and II students. The Workshop Co-ordinator was, Dr.Champa R. Parab. The two day workshop was held using google meet g suite. The objective of the workshop was to help students to analyse various stock and to identify investment opportunities. The resource person for the workshop was the M.Com faculty Asst. Prof. Mr. Suraj Prakash Tuyekar.

ONE-DAY STATE LEVEL WEBINAR ON "UNDERSTANDING STOCK MARKET OPERATIONS"

One-Day State Level Webinar on "Understanding Stock Market Operations" was organized by the Post Graduate, Department of Commerce of M.E.S College of Arts and Commerce, Zuarinagar, Goa, in collaboration with P.U. Educational Services, Mumbai on 06^{th} April 2021 through virtual mode from 04:00 pm to 05:30 pm. The objective of the webinar was to reduce the gap between academia and industry by capacitating students with stock market operations. This webinar was attended by 85 participants from P.G.M.Com all over Goa.The resource person was Mr. Jamini Patel, surveillance officer at legal and compliance at Power Research Capital India Ltd. The webinar was coordinated by Dr.Champa R Parab.

E-QUIZ ON "RESEARCH METHODOLOGY" FOR M.COM PART II

The Post Graduate Programme, Department of Commerce of M.E.S College of Arts and Commerce conducted **3 E-quizzes related to Research Methodology Subject under title** "Research Methodology I, II and III" between 01st June to 05th June 2021 for M.Com Part IIstudents of the college. Three e-quizzes were conducted in the different areas of Research Methodology using Google forms and the participants who successfully scored 50% and above received an e-certificate. The Quiz Co-ordinators were the M.Com Faculty Asst Prof Mr. Suraj P Tuyekar, Asst Prof Mr. Pranit Naik and Asst Prof Ms. Savina Rebello.

E-QUIZ ON "ADVANCED CORPORATE ACCOUNTING"

The Post Graduate Department of Commerce of M.E.S College of Arts and Commerce conducted E-quiz on "Advance Corporate Accounting" between 01st June and 05th June 2021 for M.Com Part Istudents of the college. The e-quiz was conducted using Google forms and the participants who successfully scored 50% and above received an e-certificate. The Quiz Coordinator was the M.Com Faculty Asst Prof Ms. Savina Rebello.

E-OUIZ ON "MARKETING MANAGEMENT"

The Post GraduateDepartment of Commerce of M.E.S College of Arts and Commerce conducted a E-quiz on "Marketing Management" between 01st June and 05th June 2021 for M.Com Part I students of the college. The e-quiz was conducted using Google forms and the participants who successfully scored 50% and above received an e-certificate. The Quiz Coordinator was the M.Com Faculty Asst Prof Ms. Mr. Pranit Naik.

E-QUIZ ON "HUMAN RESOURCE MANAGEMENT"

E-quiz on "Human Resource Management" between 01st June and 05th June 2021 was conducted for M.Com Part I students of the college. The e-quiz was conducted using Google forms and the participants who successfully scored 50% and above received an e-certificate. The Quiz Co-ordinator was the M.Com Faculty Asst Prof Ms. Mr Suraj P Tuyekar.

13. DEPARTMENT OF B.B.A & B.B.A (SHIPPING & LOGISTICS)

1. RESULTS OF BATCH 2017-20

COURSE	APPEARED	PASSED	CLASS
			OBTAINED
BBA	44	40	-
BBA (SHIPPING	29	24	4 Distinction, 8
AND LOGISTICS)			First class, 12
			Second class

2. ADMISSIONS FOR 2020-21

BBA	First Year	44
	Second Year	34 (6 ICCR, 1 Outside Goa)
	Third Year	43 (3 outside Goa)
BBA (S&L)	First Year	10
	Second Year	14 (1 outside Goa)
	Third Year	16 (1 outside Goa)

3. EVENTS OF THE DEPARTMENT

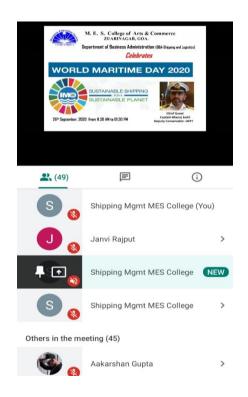


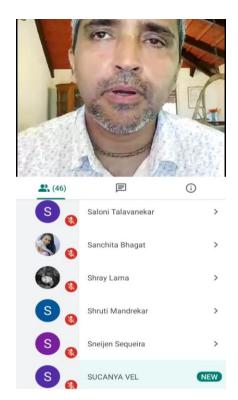
A session of Practical Dining Etiquette was organised for the students of second year BBA on 27th February 2021 at Taj Sats, Alto Dabolim-Goa. Mrs. Zina Varugis was the faculty.



A session of Practical Dining Etiquette was organised for the students of second year BBA (Shipping & Logistics) on 20th February, 2021 at Taj Sats, Alto Dabolim-Goa.

Mrs. Shweta Pinto was the faculty.





World Maritime Day was celebrated at MES College of Arts & Commerce on 26th September 2020, by students and faculties of BBA Department. Theme of this year was "Sustainable Shipping for a Sustainable Planet". Captain Manoj Joshi, Deputy Conservator of Mormugao Port Trust was the Chief Guest. Principal, Meenakshi Bawa delivered the welcome address. BBA(S&L) students Ms. Faaiza Feroz Shah, Mr. Asnain Bhatti and Pratik Tupsoundarya spoke on the occassion. Chief Guest emphasized on the need to follow the theme of this year's world Maritime Day in letter and spirit. He explained the importance of sustainability by quoting appropriate instances from his life. Mrs. Semele Sardesai BBA Course coordinator proposed the Vote of Thanks. The program was held online.

On 5th and 7th September 2020 a talent show was organised for the FYBBA and FYBBA (Shipping & Logistics) students, where every student was given the chance to come forward and showcase his/her talent. This helped the students to know their batch mates and make new friends. The entire session was online. The students displayed a variety of talents like dance, singing, playing musical instruments, sketching, painting, cooking, photography, martial arts.







The Inaugural function for First year BBA and BBA (Shipping & Logistics) Batch 2020-23 was held on 1st September 2020. The highlight of this year's function was that both the key speakers were alumni of MES College - BBA course (2002-05 Batch) - Mr. Vinod Sawantwadekar. He is currently the CEO of Jehangir Hospital, Pune and Mr. Sagar Shrivastav from BBA (Shipping & Logistics) Batch 2013-16. He is currently the

Officiating Principal Dr. Meenakshi Bawa welcomed the new students. After lighting of the traditional lamp, Course Coordinator Ms. Semele Sardesai made a presentation about the course and the activities of the department. Faculty members, Ms. Priya Silveira and Dr. Kirti Tyagi introduced the guest speakers. Dr. Veeraj Mahatme proposed the Vote of Thanks and Mr. Motilal Pednekar compered the function. The function was attended by students and their parents.

4. ACHIEVEMENTS OF STUDENTS

Ms. Neha Halwai, student of SYBBA attended a National Webinar on 6th November 2020 on "Realigning Business to the New Normal: Paving The Way Forward", organized by the Department of Business Administration, Don Bosco College, Panjim.



5. COMMUNITY PROGRAMS



Dr. Kirti Tyagi, Assistant Professor, BBA(S&L) was the resource person for the 2 day webinar on 'Developing a Questionnaire for Survey Based Study', organized by the UG Department of Commerce of MES College of Arts & Commerce, Zuarinagar on 8th and 9th January, 2021.

Liked by khan.shaira97 and others kc_mysterious Diwali is a time of joy and giving It's a time to be happy and give happiness to everyone On the eve of diwali 2020, Some students of MES College Goa decided to do their bit to bring happiness on other people's faces by cleaning up an area at Sada. Masks were worn at all times along with gloves and we made sure that the place selected for the clean up drive wasn't crowded. It was indeed a proud moment for me seeing our students plan this initiative and complete it successfully with a little guidance

Zarif Khan, Hamza Shah, Samradhni Kumbharjuvekar, Sakshm Kashyam, students of SYBBA participated in cleaning up an area at Sada during the time of Diwali in 79November 2020.



Dr. Kirti Tyagi was resource person for a 4 Day State Level Webinar on "Introduction to Research Methodology" for PG Commerce students. The webinar was organized by the PG Commerce Department of MES College of Arts & Commerce, Zuarinagar from 28th to 31st October 2020.

6. GUEST LECTURES

Dr. Raina Pinto, Associate Professor at G.V.M.'s G.G.P.R. College of Commerce and Economics, Farmagudi, Goa conducted a session for SYBBA (S&L) students on 'Experimental Research' on 24th February 2021, as part of their course 'Business Research Methodology'.

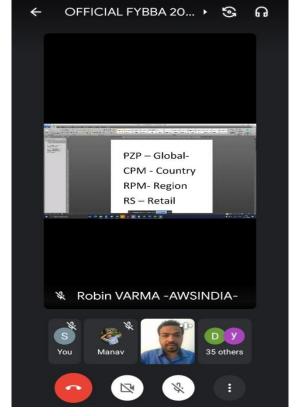


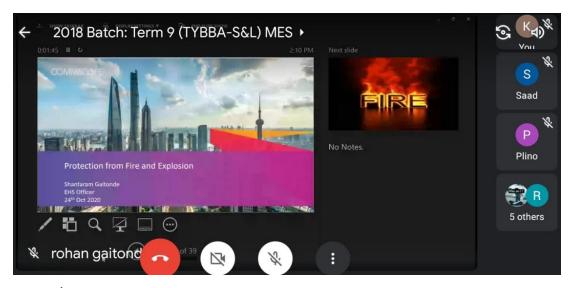
On 4th March 2021, Mr. Gireesh Gaonkar, Manager Marketing - Wipro, UK, interacted with the SYBBA students. He explained the importance of Team work to the students and how to build high performing teams. This was for the course 'Team Building'.



Mock Interviews of TYBBA(S&L) students were conducted by Mr. Joseph Silveira, an experienced professional from the Shipping and Logistics industry on 21st November 2020 in online mode.

On 21st November Mr. Robin Varma, Team Leader for the Supply Chain Management of Johnson & Johnson across the globe, delivered a guest lecture to FYBBA and FYBBA (S&L) students in online mode.





On 24th and 31st October, Mr. Shantaram Gaitonde, EHS Officer of CommScope, Verna delivered guest lectures to TYBBA (S&L) students on 'Protection *from Fire and Explosion'*, 'Basic First Aid and CPR', and 'Fault Tree and Event Tree Analysis' as part of their course "Occupational Health and Safety Management" in online mode.

EHS-Manager of Siemens, Verna, Mr. Dattatray Thakur deliverd guest lectures to TYBBA(S&L) students on 13th, 14th, 29th, and 30th October 2020 on the topic; 'Behaviour based Safety', Role of Ergonomics in Employee Safety and Health', and 'Electrical Safety' as part of their course "Occupational Health and Safety Management" in online mode.

On 24th October 2020, Ms. Siddhi Raiker, former BBA student from Batch 2011-14 and currently Recruiter from the HR department of Persistent Systems Ltd., Verna, interacted with the FYBBA students. The students asked her many questions and clarified their doubts. She explained her journey from being a BBA student to her experiences in the various companies she worked for. The guest lecture was conducted in online mode.

On 3rd October 2020, Ms. Nivedita Dessai, our alumni from batch (2004- 2007) interacted with FYBBA students. She has about 9 years' experience in industry which includes Northern Trust Bank - Finance Analyst, Economic Times, Acetech, Corporate Alliance, Head Paytm – Littleapp, Alliance & Key Accounts. Currently she is holding Master Franchise Owner (Goa State) of the London Shakes Cafe. The students asked her many questions which she was very glad to answer. This was part of the subject Learning Management through executive interaction. The session was conducted in online mode.



On 21st and 23rd October 2020, Mr. Pravin Karmali, HR Manager of TajSats conducted a guest lecture for SYBBA(S&L) students on the topic, *Manpower Planning*, as part of their course, 'Human Resource Management'.



On 8th and 13th October 2020, Sonia Shirsat, a world renowned singer took guest lecture for SYBBA and SYBBA(S&L) students as part of their course 'Music Appreciation'. She introduced students to the Fado music which has its roots in the Goan culture.



On 19th September 2020, Mr. Shivdar Nair (Batch 2007- 2010) ex-student of BBA, currently working for Qatar Airways, Doha as Communications officer, interacted with the FYBBA students online. He has vast experience in marketing in 4 different industries. He has worked for Fab India, Sporting Club de Goa, Idea Crate (an entertainment company) Abu Dhabi, UAE in the Marketing field. He shared his experiences with the students. He encouraged them to find their area of interest and work on it. He said that as students, it's very important to gain experience in your area of interest. After classes, he suggested that students take up part time jobs or volunteer for experience in their area of interest. He advised students to be proactive and try to have knowledge in areas besides their area of interest. He said it is fine if your goals change along the way. There was a question and answer session at the end and students asked a lot of questions which were answered by Mr. Shivdas Nair.

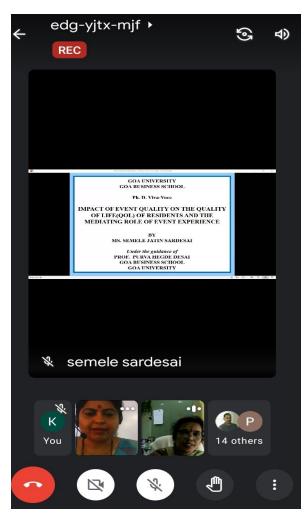
On 12th September 2020, as part of the subject Learning Management through Executive Interaction, Mr. Abbas Shaikh of BBA Batch 2016-2019 addressed the students in online mode. He encouraged students to take up part time jobs while doing the BBA course and to have a passion for learning. The session ended with an interactive session where students asking a lot of questions.

On 5th September 2020, Dr. Derek Monteiro was invited for a guest lecture to address the BBA students of Batch 2018 for the subject Business Research Methods, the topic being Qualitative Research. He explained how qualitative research is done through 5 case studies on the Sacred Groves in Goa.

7. FACULTY ACHIEVEMENTS

BBA Coordinator, Ms. Semele Sardesai successfully defended her Ph.D. Thesis during her Viva-Voce on 22nd February, 2021 at Goa University. The title of her Ph.D. Thesis was, 'Impact of Event Quality on the Quality of Life (QOL) of Residents and the Mediating Role of Event Experience"

BBA Coordinator Ms. Semele Sardesai attended a webinar organised by CII on 4th September 2020, at 4 pm for a discussion on *Impact of the New Education Policy NEP & the Way Forward*. The panelists were representing IIM/MBA, BITS/Engineering/Startups, College Management, Primary Schools, Skilling MNC/VC, Industry.



13. DEPARTMENT OF B.C.A

DEPARTMENT ACTIVITIES

- 1. Department of BCA inaugurated BCA batch of 2020-21 on 1st September 2020.
- 2. Guest Session on "Machine Learning and Data Science" was conducted for TYBCA students on 24th February 2021.
- 3. Guest Session on "AI Neural Network" for TYBCA students by Dr. Shradha Naik on 22nd April 2021.

STUDENT ACHIEVEMENTS

1. Our TYBCA student Mr. Raj Pratik has been awarded in MDRT meet Goa U1 unit Event held at Country Inn Resort Plaza on 12th February 2021.



FACULTY ACHIEVEMENTS

- 1. Mr. Rajesh D. Tanksali attended a workshop on Effective & Efficient Online Teaching in the age of Corona on 24th May 2020 organised by IIT Bombay.
- Mr. Rajesh D. Tanksali attended a workshop on the topic "The Impact of Covid -19 lockdown on investments and Indian capital market" on 22nd May 2020 organised by VVM's Shree Damodar College of Commerce & Economics.
- 3. Mr. Rajesh D. Tanksali attended a workshop on the topic "Data Science is for everyone" on 30th May 2020 organised by Goa Multifaculty College Dharbandora.

- 4. Mr. Satish Gangavati attended a workshop on the topic "Linux Basics and GitHub" on 25th June 2020 organised by Shri Shankaracharya Group of Institute Chhattisgarh.
- 5. Mr. Satish Gangavati attended a workshop on the topic "The Impact of Covid -19 lockdown on investments and Indian capital market" on 22nd May 2020 organised by VVM's Shree Damodar College of Commerce & Economics.

INTERNAL QUALITY ASSURANCE CELL (IQAC)

The IQAC organized a FDP.on 'Holistic Approach to Work Ethics' for the teaching and non-teaching staff of the college on 7th August 2021. Dr. Peter Castelino, Founder and Director of COOJ Mental Health Foundation and Mr. PravinSabnis, Life Coach, Unlearning Limited, Goa were the resource persons for this FDP.



Inaugural Function of the FDP.on 'Holistic Approach to Work Ethics'



Glimpse of the teaching staff who participated in the FDP.on 'Holistic Approach to Work Ethics'



Dr, Peter Castelino addressing the non-teaching staff at the FDP.on 'Holistic Approach to Work Ethics'

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

- ➤ Organized International Yoga Day on 21st June 2020 on an online platform. The participants had to select any 3 asanas from the Yoga Protocol issues by the Ministry of AYUSH and upload photos or videos in the google forms created. 25 participants participated.
- ➤ Organized an Online Quiz on Health and Physical Fitness for Staff members of the college on 11th July 2020 using Google forms. The quiz aimed at development of health and fitness among the staff members of the college. The staff members had to answer 15 questions on health and physical fitness with each carrying 2 marks each. Apassing percentage of 40% was set for the quiz. A total number of 46 staff members participated in the quiz and all the staff members passed in the Quiz.
- ➤ Organized an Online Quiz on Football Rules and Training Methods for the football players from the college. The quiz aimed at providing knowledge to the students regarding the new amendments in the laws of the football game. A total number of 42 students participated in the Quiz from which 36 students passed the test.
- ➤ Organized a 14 days Fitness Challenge for the students and staff members of the college. The challenge commenced on 24th July 2020 and ended on 6th August 2020. The programme was designed by Mr. Savio Fernandes. A total number of 59 participants enrolled for the 14 days Fitness Challenge.
- ➤ The Alumni Association of the college in collaboration of the Department of Physical Education and Sports of the college organized an online quiz on "Health and Physical Fitness" for the students of the college from 10th August 2020 to 16th August 2020.. The quiz aimed at providing knowledge to the students about "Health and Physical Fitness" and also to sensitize the students about necessary information about Covid-19. A total number of 265 students answered the quiz.
- ➤ Organized 3 online contests for the students of the college on the occasion of National Sports Day on 29th August 2020. The competitions were Best Fitness video, Best Skill video and Most Popular Fitness/Skill/Sports Video on Instagram where the student which gets the maximum likes on the video wins the competition. The competition was organized for Men's and Women separately. The following were the winners for Best Fitness Video (Men): 1st Place: Mr. Gopal Naik, 2nd Place: Mr. Dharmendrakumar Bind,

- 3rd Place: Mr. SaeeshHalarnkar and Mr. MohsinBagwan. Best Fitness Video (Women)-1st Place: Miss MiedouleeFernandes, 2nd Place: Miss AnshuJaiswar, 3rd Place: Miss DivyaSalgaonkar. Best Skill Video (Men)-1st Place: Mr. Manjunath Pujari, 2nd Place: Mr. RibhavSardesai, 3rd Place: Mr. Suresh Tumkunte Best Skill Video (Women)-1st Place: Miss Neha Jaiswal, 2nd Place: Miss DivyaSalgaonkar, 3rd Place: Miss MiedouleeFernandes, Most Popular Fitness/Skill/Fitness Video (Men)-1st Place: Mr. Flagan Rodrigues (1311 Likes and 3593 views), 2nd Place: Mr. Gopal Naik (1194 likes & 2379 views). Most Popular Fitness/Skill/Fitness Video (Women)-1st Place: Miss AnshuJaiswar (832 Likes and 2572 views), 2nd Place: Miss DivyaSalgaonkar (657 likes & 2316 views), 3rd Place: Miss Neha Jaiswal (485 likes and 1662 views).
- ➤ The Department of Physical Education and Sports organized a FITME activity from 15th September 2020 to 2nd October 2020. This activity was organized to promote the importance of fitness and development of a healthy lifestyle among the students and staff members of the college. The participant could either run, walk or cycle to take part in this activity and track the Kms covered using a mobile app and then enter it in the google form link provided. A total number of 12 participants took part in this activity.
- Porganized the Chess Intramural from 27th October 2020 to 7th November 2020 on an online platform. The Chess.com app was used for the conduct of the tournament. 14 students participated in the tournament. Mr. Vijay Natrajan (TYBBA- General) − 1st Place , Uma Pal (SYBCOM) − 2nd Place , Narayan Warik (FYBCOM) − 3rd Place , Rohan Umar (FYBCOM) − 4th Place
- ➤ Organized a State Level Webinar on the topic 'Ways to Improve Individual Training in Football during the Pandemic' on 11th December 2020 from 3.30 pm 5 pm via google Meet. The webinar was conducted by Mr. Gavin Araujo (AFC 'A' License Certified coach) A total number of 51 participants attended the webinar.
- The Women's Cell 'Jyoti' and the Department of Physical Education and Sports of M.E.S College of Arts and Commerce, Zuarinagar Goa in association with JCI Vasco organized a Self Defense Workshop for the women students of the college on 4th March 2021 to commemorate International Women's Day celebration which is held on 8th March every year. The resource person for the workshop was Dr. Mark Fernandez who is a national level Taekwondo player. 36 participants took part in the workshop.

- ➤ Organized an Online Quiz on First Aid using Google forms. The quiz aimed at providing knowledge about First Aid and its importance. The participants had to answer 20 questions on First Aid with each question carrying 2 marks each. Apassing percentage of 40% was set for the quiz. A total number of 55 participants answered the Quiz and 45 passed the Quiz.
- ➤ Organized a Coaching Program for people who are appearing for Police Entrance Test from 8th June to 16th June 2021 in High Jump, Long Jump, 800 Meters, 100 Meters. The coaching camp was conducted to help the participants to be physically fit to appear for the police entrance test. A total number of 14 participants attended the coaching program.
- ➤ The Department of Physical Education and Sports in collaboration with the NCC Wing of the college organized International Yoga Day on 21st June 2021 on an online platform. A total no. of 28 students participated.
- The Department of Physical Education and Sports of M.E.S. College of Arts and Commerce, Zuarinagar Goa in collaboration with ParvatibaiChowgule College of Arts and Science (Autonomous), Margao Goa under the aegis of Association of College Directors of Physical Education of Goa (ACDOPEG) organised a State Level Webinar on the topic, 'Career Opportunities in Sports' which was held on Wednesday, 7th July 2021. The resource person for the webinar was Dr. DevashishBagchi (College Director of Physical Education and Sports of ParvatibaiChowgule College of Arts and Science (Autonomous) and President of ACDOPEG). A total number of 94 participants were present for the Webinar.

Faculty Achievements

- ➤ Dr. Savio Fernandes presented a paper on the Topic 'Comparison of Standing Broad Jump Performances between Rural and Urban Girls of Class IX in Salcete Taluka' at the National Level Webinar on 'Online Teaching, Learning, Coaching And E- Content for Sports Fraternity' on 24th October 2020 organised by Rosary College of Commerce and Economic, Navelim Goa
- ➤ Dr. Savio Fernandes was awarded Doctor of Philosophy (Ph.D.) in Physical Education on 7th June 2021 from Swami Ramanand Teerth Marathawada University, Nanded. The topic of research was 'Standardisation of Norms for the Practical Tests Conducted for Boys and Girls in the Age Group of 14 to 19 in the State of Goa.'

NATIONAL SERVICE SCHEME (NSS)

- ➤ Organised following competitions on on 15th August 2020:
 - Video recording competition wherein NSS Volunteers were made to record their videos and upload on social media platforms like Instagram, Facebook and WhatsApp on Independence Day.
 - ii. Essay Competition on topic 'Indian Independence success and failures'.
 - iii. Poster Competition on the theme 'Importance of Independence'
- ➤ To commemorate NSS Day an essay competition was conducted on 24th September 2021on the topic 'Role of Youth in Nation Building'.
- A poster competition was conducted on NSS Day on 24th September 2021 on theme 'Role of Youth in Society'
- ➤ Slogan Competition was organised on the topic 'NSS & Youth' as part of Slogan Competition to commemorate NSS Day on 24th September 2021.
- ➤ Reading of unity pledge by the staff members on the occasion of National Unity Day on 31st October 2020.
- ➤ The staff members of M.E.S. College Zuarinagar including teaching and Non-teaching took an oath to ensure unity and integrity of India at 10 am in the premises of M.E.S. College. A total of 34 staff members were present for the oath taking ceremony. A total of 92 NSS Volunteers took pledge on 31st Oct 2020 on Rashtriya Ekta Diwas at 10 am.
- ➤ Organised an essay competition on topic 'Role of Sardar Vallabh Bhai Patel in Uniting India' was conducted for students. A total of 12 students participated in the same.
- Deserved 26 November 2020 as Constitution Day. Pledge was taken by principal and faculty to abide by responsibilities of citizen as given in Constitution of India. On this occasion many activities such as preamble reading, poster making, essay writing, reading of fundamental duties were organised. Online poster making competition on theme "Constitution of India "was organised in which a total of 11 Volunteer's participated .A total of 20(15 MALE & 5 FEMALE) volunteers participated for reading preamble. Around 13 volunteers took part in the pledge.

- ➤ Organised a poster making on Indian Constitution in which around 33 volunteers participated.
- Organised essay writing competition on the topic "Making of Indian Constitution".
 Total of 43 volunteers participated in the competition.
- ➤ E-poster competitor on Indian Constitution was organised. 11 volunteers from B.A, B.Com as well as BCA participated in this activity.
- ➤ NSS volunteers took a round in their locality for at least 2 kilometres as a part of Fit India Programme.
- ➤ Uploading video while doing exercise: as a part of Fit India programme and upload the same as status on WhatsApp and Instagram.
- ➤ An essay competition was conducted in collaboration with Red Ribbon Club and NSS Unit on 1st December 2020 **World AIDS Day**
- ➤ Collage making competition was organised on Goa Liberation day 19th December 2020.
- ➤ Outstanding NSS Volunteer of MES College **Ms. Dargada Reshma Maliksab** was selected for Pre-RD Camp and subsequently for RD Camp. She attended **Republic Day Parade** on Rajpath on 26th January 2021.
- ➤ NSS volunteers Mr. Satardekar Akhil Anil and Ms. Reji Jomi A. D. attended National Integration Camp held in Jaipur Rajasthan in March 2021.
- ➤ Observed 21 June 2021 as International Yoga Day, and organised activities such as slogan writing, E-Quiz, E-Poster making, Short Video Clip. A total of 20 Volunteers participated.
- ➤ Organised a slogan writing competition on International Yoga Day on 21st June 2021 on the theme "Yoga for Health". 6 volunteers (5 Girs and 1 boy) from B.A. as well as BCom participated in this activity.

NCC NAVAL UNIT

Achievements

- ➤ Sixteen NCC Naval Cadets and Associate NCC Officer Sub Lieutenant Rajesh V. Shetgaokar participated in Small Arms Practice organized by 1 Goa Naval Unit at INS Mandovi, Verem, Goa on 16th September 2020.
- ➤ Five Cadets participated in Ek Bharat Shrestha Bharat Camp in Mysore, Karnataka held online from 20th October 2020 to 25th October 2020.

- Twenty-Eight Cadets participated in one-day state-level trekking organized by 1 Goa Naval unit on 13 February 2021.
- ➤ Thirty-Two Cadets participated in a Talk on "Stigma around Menstruation" organized by I Goa Naval Unit on 8th March 2021.
- Seven Naval cadets participated in 7 days All India level Sea Sailing camp conducted by 1 Goa Naval Unit at Chicalim Jetty, Vasco –da-Gama in December 2020
- ➤ PO Cadet Rachel Jadkar Won 3rd place in the All Goa essay competition organized by Ex-Cadets NCC Association on 29th January 2021.
- ➤ PO Cadet Vaishali Ralpat was felicitated by the Governor of Goa at Raj Bhavan for participating in Pre-RDC Camp 2021 on 3rd March 2021.
- ➤ Won Gold medals in Football, Volleyball, Group Dance, Semaphore and Rigging event at Annual Training Camp held in Peddem, Bardez, Goa in February 202.
- ➤ PO Cadet Rupa Majgi scored the highest mark in the 'C' certificate examination, 2021 in Goa
- Achieved 100 percent result in C certificate examination 2021.

Sr. No	Date	Name of The Activity	Venue	No. of Cadets Participated
1	5/1/2021 to 10/01.2021	National Integration Camp	Online	05
2	26/01 2021	Celebration of Republic Day	MES College of Arts and Commerce, Zuarinagar- Goa	28
3	4/2/2021 to 10/02/2021	Annual Training Camp	Sport Complex, Peddem, Mapusa, Bardez, Goa	24
4	13/2/2021	Trekking	Candolim to Aguda Fort, Bardez, Goa	16
5	8/3/2021	Talk on "Stigma around menstruation "	Online, Organised by I Goa Naval Unit	21

6	12/03/2021	Azadi ka Amrut Mahotsav	Azad Maidan, Panjim,	32
			Goa	
7	5/04/2021	Ex-Yogdan Days	Online	42
8	21/06/2021	International Yoga Day	Online	40

NCC BOYS ARMY BATTALION

- 1. Cadet Soel Inamdar brought laurels to Goa State by representing NCC Directorate Karnataka and Goa at Republic Day Camp 2021 held at Delhi, he was also felicitated by the Hon'ble Governor of Goa, Shri. Bhagat Singh Koshyari on 02nd March 2021.
- 2. NCC Special cadre camp was attended by 34 Cadets from 08th Feb 2021 to 10 Feb 2021 at Goa Engineering College, Farmagudi, Ponda-Goa.
- 3. 22 cadets passed B' Certificate exam and 11 cadets passed C- Certificate exam held for the year 2020-21.
- 4. Cadets paid tribute to heroes of Independence Movement by participating in India's 75 years Independence "Azadi ka Amrut Mahotsav" by joining the Dandi March Yatra on 12th March 21 held at Panjim, 09 Cadets participated in the event.
- 5. Cadet Dhiraj Kumar attended online Motivational lecture on Career in Armed Forces conducted by Col Rahul Arya, ARO, Belgavi on 04 June 2021.
- 6. 20 NCC Cadets were deployed for Covid Management duty as a part of Home Isolation Team of MES College Zuarinagar.
- 7. Cadets celebrated Ambedkar Jayanti to commemorate the memory of Dr. Babasaheb Ambedkar's by cleaning the statue of B. R. Ambedkar located at Birla-Goa, 20 NCC cadets participated in the event.
- 8. In synergy with Min. of AYUSH, the message "Be with Yoga, Be at Home" NCC Cadets celebrated the International Yoga Day by participated in the various events like Jingle Composition, Online Yoga Quiz and Pledge Taking through digital and electronic platforms. Cadets also uploaded their pictures performing different yoga asana on Ayush yoga Portal. Cadets also participated in the online yoga asana competition organised by the Department of Physical Education in collaboration with NCC Wings of the college.

NCC ARMY GIRLS

1. Institutional training (cadre training) was conducted in college from 30th January to 6th February 2021 in lieu of ATC. Cadets were prepared for B and C certificate exam by PI staff from 8am to 1pm by conducting theory and practical classes in college.













- 2. Cdt. Amina Khatun attended Online EBSB from 15th March 2021 to 20th March 2021.
- 3. Foot rally was organized on 12th March 2021 by Government of Goa to commemorate the anniversary of the launch of Dandi March. The route was from old secretariat to Azad Maidan. 27 cadets participated.





4. 7 cadets cleaned the statue of Dr. Ambedkar in Vasco on 12th March 2021.



5. An online campaign was organized to ban the single use of plastic on 25th March 2021. Cadets made posters and wealth out of waste from plastic bottles.









6. Tika utsav was organized from 11th to 14th April 2021. Cadets spread awareness among the masses to take COVID 19 vaccine.





- 7. Session on Zoom platform was attended by 9 cadets on HELP Heartfulness Experience Life's Potential session organized by NCC KAR & GOA. The session was held on 8th March 2021.
- 8. The following cadets participated in the following activities for COVID-19.

M	ake masks and distribute in neighbourhood
1	Ashwini Rathod
2	Sangeeta Chavan
3	Bindiya Rathod
4	Sneha Yadav
5	Anshu Sharma
Po	sters/ e posters to be circulated on social media
1	Nisha Pal
2	Jyoti Golsangi
3	Suman Kumari Prasad
4	Kavita Rai
5	Bindiya Rathod
6	Dhanashree Palekar
7	Shivani Passi
8	Vaishnavi Hulginal
M	ake video on COVID 19
1	Shreedevi Naganoor



- 9. I GOT certificates for successfully completing the COVID 19 training for NCC cadets was obtained by following cadets. 22 cadets obtained it
- 10. 28 Cadets registered on NCC digital forum. This website is a platform where cadets can post their articles, poems, videos etc.

- 11. 2 cadets were deputed by the unit to attend an online motivational lecture on Career in Armed Forces on 4th June 2021 by Col. Arya ARO, Belgavi at 10.30 am. JUO. Sneha Yadav and Sgt. Ashwini Rathod.
- 12. 6 cadets uploaded articles and poems on NCC digital forum

SR.NO	NAME OF CADET	Prize	ATICLE NAME
1	Shanelly Mergulhao	3 rd	Sports and adventure activities
			What can I do to clean my city
			Online education
			Gandhiji- the mahatma
2	Sneha Nanhe Yadav		RDC camp days
3	Bindiya Rathod		The impact of covid 19 on Indian economy
			Poem
			Will the door ever open?
4	Rukshana Razak Shaikh		NCC – how it changed my life
5	Shivani Amritlal Passi		Corona virus- lockdown (hindi)
			Covid 19 vaccine policy
6	Nisha Ramkailash Pal		Poems (hindi)
			Atmanirbhar bharat
			Vijay diwas
			Fit india

13. B certificate exam was held on 20^{th} and 21^{st} February 2021. 17 cadets answered. 14 were regular and 3 were repeaters.

Result analysis

Answered	Regular 14	Repeaters 3	100%
Passed	13+3		92.86%
Failed	01		7.14%
Absent	01		

Passing Break up

Grade	Number of cadets	

A	02 regular + 1 repeater	15.38%
В	11 regular+2 repeater	84.62%
С	Nil	Nil
Total	13+3	100%

14. C certificate exam on 27th and 28th February 2021.19 cadets answered. 13 were regular and 6 were extension cadets.

Answered (regular + repeat)	13+6	100%
Passed	13+6	100%
Failed	NIL	NIL
Absent	NIL	NIL

Passing Break up

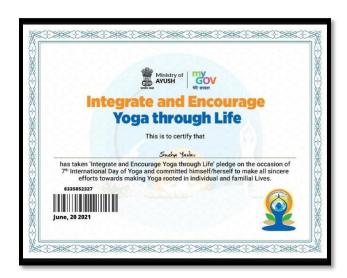
Grade	Number of cadets		Total	Pass percentage of regular cadets
	Regular	Repeat		
A	-	-		NIL
В	08	3	11	61.54 %
С	05	3	8	38.46%
Total	13	6	19	100%

- 15. 28 cadets registered on the YuWaah Platform of UNICEF, a youth led movement i.e # Youngwarriors to combat COVID -19 with the objective to reach out to millions of people through social media.
- 16. On 21st June 2021 International Yoga Day was celebrated. Our cadets performed yoga at home with family members. They also participated in online events organized by Ministry of Ayush, Government of India like
- 1. Online pledge
- 2. Online quiz on yoga
- 3. Uploading their photos of performing yoga on the ministry website





YOGA WITH FAMILY



ONLINE PLEDGE CERTIFICATE





ONLINE QUIZ CERTIFICATE

17. Cadets also participated in the online International Yoga Day 2021 organised by Department of Physical Education and Sports of MES College in collaboration with the 3 wings of NCC of the college.

