

PSYCHOLOGY DEPARTMENT ACTIVITIES HELD DURING THE ACADEMIC YEAR 2019-20

PSYCHOLOGY CLUB INAUGURATION

The Department of Psychology inaugurated its *Psychomatrix Club* and *Diploma in Counselling Techniques* on 22nd July 2019. The Inaugural Program was graced by Chief Guest, Ms. Shobhika Jaju, a Clinical Psychologist. Ms. Jaju has been working the field of Psychotherapy and Counselling since 7 years and successfully managing at Silver Linings, Guidance and Counselling Centre, Margao. She is an international affiliate of the American Psychological Association as a Certified Career Analyst. Ms. Jaju also teaches Psychology at master's level at Chowgule College, Margao.

The Inaugural Program began with welcome address by Principal Dr.R.B. Patil. Chief Guest Ms. Shobhika Jaju was introduced by H.O.D, Asst. Prof. Cedila Pereira e Gomes while Asst. Professor. Karun Cherian, gave a floral welcome to the Chief Guest.

The introduction to the Counselling Course and Psychomatrix Club, was given by Asst. Prof. Fatima Gomes. The Chief Guest, Ms. Jaju in her address educated the students about importance of counselling and how resilience is important for youth today in their day to-day life.

This address by the chief guest was followed by Valedictory function of the Diploma Course in Counselling Techniques. Dr.Freeda Cota e Pereira congratulated the students and shared her experience as Course Co-ordinator. The Chief Guest awarded certificates to the graduates of the Diploma course.

Asst. Prof. Madhuri Marathe, proposed a vote of thanks. The entire programme was compeered by Ms. Sakina Begum and Mast. Neel Dicholkar.



In the picture – (from left to right) – Asst. Prof. Karun Cherian, Asst. Prof. Madhuri , Head of the Department, Asst. Prof. Cedila Gomes, Chief Guest Ms. Shobhika Jaju, Asst. Prof. Dr. Freda Pereira and Asst. Prof. Ms. Maria Fatima Gomes with the graduates of Diploma Course in Counselling Techniques 2018-19.

SESSION ON RESEARCH METHODOLOGY

The Department of Psychology organised an expert session on Research Methodology for TYBA project students on 6th August 2019. Dr. Vijay Viegas was the Resource person for this session. Dr.Viegas, an Assistant Professor at the Abbe Faria Post Graduate Department of Psychology, St.Xavier's college, has a doctorate degree in Psychology from the University of Dharwad, Karnataka. He has authored around 16 research papers in high quality international and National Journals. Dr.Viegas, was introduced and welcomed by H.O.D, Asst. Prof. Cedila Pereira e Gomes.

In his session, Dr.Vijay, not only gave students an overview of research methodology and guided them on how to identify and formulate a good research problem. He also shared important documentation nuances as described in APA guidelines in simplified manner. The session concluded with an interaction with the students. Around 70 students participated in the research methodology session.



In the picture – Dr.VijayViegas interacting with students



In the picture – Seated from left to Right- Head of the Department, Asst. Prof. Cedila Gomes with the resource person Dr.VijayViegas and the final year B.A students.