#### Inauguration of the Psychology Club and Diploma Course in Counseling Techniques



Chief Guest Dr. Rajendra Hegde, for the Inaugural function of the Psychology Club and Diploma Course in Counseling Techniques



Chief GuestDr. Rajendra Hegde, Principal Dr. R.B. Patil, Faculty and students of the Dept. of Psychology

# Discussion forum on Suicide prevention-suicide: a cry for help, who's listening whose responsibility



Inaugural program of the Discussion Forum on Suicide: a cry for help



Dr. Saumitra Nemlekar and Mrs. Tanushri Sharma organized a workshop on Suicide: a cry for help

### Workshop on Benefits of Nutritional Diet



### Psychozest 2019 organized by the Dept. of Psychology on 17<sup>th</sup> January 2019



PSYCHOZEST organized by Psychology Department



Winners of Psychozest 2019

# Two-day National Conference titled 'Enhancing mental health throughout the Life-span: Issue, Challenges and Interventions' held on $\mathbf{1}^{st}$ and $\mathbf{2}^{nd}$ March 2019



Chief Guest Prof. Richard Vellaman, Keynote speaker Dr. Suchita Kochargaonkar, Principal Dr. R.B. Patil, Dr. Freda Pereira, HOD & Mrs. Cedila Pereira e Gomes, Convenor Lighting of the traditional lamp at the National Conference



A total of 100 Audience participated in of the National Conference



Chief Guest Dr. Amit Dias, Guest of Honour Dr. Mahesh Pai, Resource persons and faculty of the Psychology Department

Field Trip to Ratnagiri along with Department of English and Travel and Tourism



Psychology students and faculty Dr. Freda Pereira and Mr. Karun Cherian visited the Regional Mental Hospital in Ratnagiri



MES students visited Raigarh Fort

Field trip to Kripa Foundation, MOG museum & Chapora Fort



Psychology students along with faculty Mrs. Cedila Pereira e Gomes, Ms. Sweta Matonkar and Ms. Bena Fatima D'Souza at Kripa Foundation, Arpora



MOG Museum, Saligao



Chapora Fort, Vagator

### Extension activity for the students of St. Andrew's School on Mental Health awareness and Treatment





### Extension activity for students of MES higher secondary on Stress Management, improving your self-esteem, study skills and prevention of abuse



A talk by Asst. Prof. Cedila Pereira e Gomes, for the M.E.S H.S.S students on 12<sup>th</sup> of January 2019 on the topic, 'CHILD ABUSE- A PSYCHOLOGICAL IMPACT', and Adv. Smita Sail also conducted a session on the topic, 'Legal Aspects of Child Sexual Abuse' attended by 80 students.





